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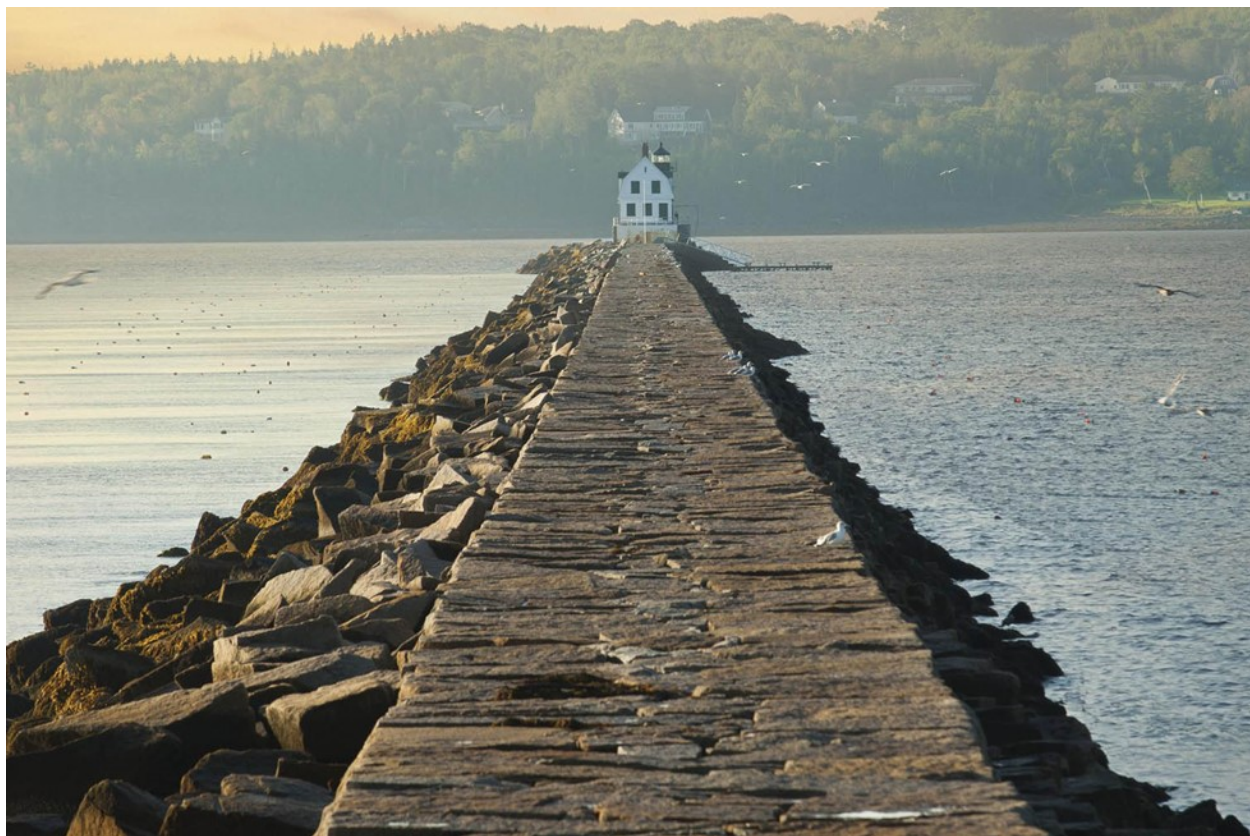
MAINE NEWS

A Statewide Publication for Maine Social Workers



NASW Maine Chapter Newsletter

SAVE THE DATE! Fall Conference Oct. 27 & 28th –Samoset Resort



<https://www.eventbrite.com/e/nasw-maine-2022-conference-tickets->



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**National Association of
Social Workers**

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Hello Maine Chapter Members,

I sit in reflection as my time as Board President comes to a close. I believe this is my last President's Message for the newsletter. I have enjoyed the privilege of representing Social Workers in Maine for the past 4 years. Thank you for entrusting me with this responsibility. My time as President has primarily corresponded with Lynn Stanley's time as interim Executive Director. While

I developed my goals and vision for NASW Maine, Lynn was instrumental in helping us achieve them, all during a time of great challenge. It is hard to express my appreciation for Lynn's guidance and support, and her dedication to supporting the Maine Chapter, while also supporting New Hampshire and Vermont. Thank you Lynn! And Barbara Steward, providing constant administrative support to the chapter. Your commitment to our chapter's success is without question. Thank you for all of the support you have given!

I cannot express enough the honor that it has been to serve as the Maine Chapter President. While this was not a position I sought out, it has been one that has afforded me tremendous growth as an individual and as a professional social worker. Working with all of you has empowered me in ways that I did not expect.

While the goals that were determined and could be achieved during the time I have been in this position shifted due to COVID and other challenges, there were several that were accomplished. These were the result of a collective effort of social workers across Maine, with support from Lynn and the Board of Directors. I continue to be impressed by the power of social work.

Hiring an Executive Director dedicated to the Maine Chapter. After 3+ years of having an interim director, Chris McLaughlin was hired. Lynn was able to support this transition and remains available for consultation to our chapter. Chris is an excellent fit for this position, with years of social work leadership, locally and nationally; I look forward to seeing the Maine Chapter develop further under his direction.

Having a dedicated Maine Board of Directors. The board has been rebuilt, with much dedication of social work leaders throughout Maine, all volunteering time and energy to supporting social workers at all levels of practice. Julie Schirmer, having previously served as our 1st Vice President, will transition from President Elect to Board President in June. Julie's social work experience and her passion for advocacy are exactly what we need to move the chapter forward.

(continued on page 4)

NASW-Maine Chapter Volunteer Leadership

Board Committees

Continuing Education

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w.st.pierrephd@outlook.com

Ethics

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moriahgeer@gmail.com

Board Members At-Large

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sfowler@mainechildrenshome.org

*Katie McCoy
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JEDI

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School Social Work

Sharon Fowler
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Interested in volunteering?

Contact:
Exec. Dir. Chris McLaughlin
cmclaughlin.naswme@socialworkers.org
207-622-7592 or 207-478-0884

The NASW Maine Chapter Newsletter

is published 4 times per year:
Winter, Spring, Summer and Fall

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Full page	\$210.00
Half page	\$135.00



Executive Director
Christopher McLaughlin, MSW, LCSW

It is my very distinct honor to be greeting you in my role as the new Executive Director for the Maine Chapter of NASW!

I'm thrilled to represent social workers from all over our great state and am eager to talk with NASW Maine members about your thoughts and ideas on how NASW can continue to support, advocate, encourage, and appreciate the hard work everyone is doing. I must extend a heart-felt THANK YOU to my predecessor and NASW mentor, Lynn Stanley, who has admirably kept the fires burning here in Maine for the last several years in addition to the work she is doing for our neighboring chapters in New Hampshire and Vermont. Lynn, social workers in Maine are so grateful for all you've done for our state!

I'm often struck these days by the thought that it's an amazing, and yes, so challenging, time to be a Social Worker in Maine. The work we are doing is so deeply impacted by the world around us. The past 2 years of a global pandemic, the ongoing and so prevalent racism and bigotry in all forms, the war in Ukraine, the political discord, and what often can feel like a total absence of kindness and compassion can sometimes overshadow all that we are doing as social workers. Yet, at the same time, there is inspiration around us. The recent confirmation of Judge Ketanji Brown Jackson to the United States Supreme Court, the increased distribution of COVID-19 vaccinations, boosters, and testing kits, and countless inspirational stories of young people banding together across the country to stand against oppressive anti-LGBTQIA+ legislation and acts of racism are all examples of things that give me hope in 2022.

As we start to brave brief glimpses forward at what a possible post-pandemic world looks like, I'm optimistic about the outlook for our profession. In their Social Work Month 2022 proclamation, NASW predicts that nearly 800,000 social workers will be employed in the United States by 2028 (approximately 12% more than currently employed today). Data from the US Bureau of Labor validates this as well and offers estimates that the need for social workers in both traditional and behavioral health care environments will grow almost 15% compared to other professions. The long term physical and behavioral health effects from the COVID-19 pandemic, reduced stigma for those seeking treatment, the general aging of our collective population, and a continued push to treat behavioral health needs in community settings are just some of the contributing factors to this projected job growth. The result, though, is that social workers will find more and more open seats at broader "tables" as we offer our advocacy and voices towards issues like telehealth parity and pay equity.

(President's message cont. from page 2)

Renewed commitment to social justice and antiracist practice. The LGBTQ+ Advocacy group served the needs of many social workers, through education, consultation, and advocacy. After the death of George Floyd, we realized that this committee was not enough to meet the need in Maine. We spent a year learning from members, holding community listening sessions, and then providing trainings related to anti-racism. With renewed direction and feedback, we spent six months on development of the **Justice, Equity, Diversity, and Inclusion (JEDI) Committee**. This committee is still in a new phase and we are looking for more members, including a few to take on leadership and responsibilities for this committee. No need to RSVP if you are interested in learning more- please see the calendar on our website for meeting details as well as the zoom link to join.

Bringing back the Annual Conference. Members have shared how important it is to bring social workers together for in person networking and training. Last year we were able to successfully bring back the annual conference, even with many barriers. We had over 100 people attend, with great reviews, and planning is well underway for this year. Registration is open- Oct 27-28, back at the Samoset in Rockport.

Committee/ Affinity group development. The School Social Workers Committee is up and running, with an incredibly engaged group of school social workers providing support to each other, advocating on behalf of school social work in their efforts to reduce barriers to student academic growth and success in Maine schools. Additionally, we have supported the Northern New England BIPOC Affinity group, creating space for Black, Indigenous, and People of Color social workers and social work students to create community and advocate for BIPOC clients and communities. Are you interested in joining either of these groups? NASW membership is not required. Please find information on our website about meeting dates and location and/ or zoom links. Are you interested in bringing together a new affinity group? Let NASW Maine know- whether your goals are to form a committee or to have a place to share resources, we would love to help make the connections needed.

Thank you again for trusting me with this opportunity to represent social workers in Maine. I look forward to continuing to accomplishing goals with all of you in the future.

(Executive Director's message continued from page 3)

I want to offer my early congratulations to all our graduating BSW and MSW cohorts across Maine's colleges and universities. You are entering the field at the time Maine needs you most! The work ahead will be challenging but so very gratifying as well. NASW Maine is here to provide any support, guidance, mentorship, and encouragement we can along the way for you!

What's on the horizon here in Maine as we start to usher in a post-pandemic era? Efforts have already begun on legislation aimed to reduce or forgive social work student loans. Our Justice, Equity, Diversity, and Inclusion (JEDI) committee is hard at work identifying areas of opportunity for more training and support to folks working with diverse populations and those wanting to enhance their JEDI perspectives.

And, last but not least, registration for our Fall conference (October 27th and 28th) at the beautiful Samoset Resort in Rockland) is now open! We look forward to seeing many of you there! Please stay tuned for more information in the months ahead as we announce our speakers and make a call for annual award nominations.

The time certainly is RIGHT for Social Work, and I'm honored to work side by side with you all!



School of Social Work

Homelessness: How the Housing Crisis is Affecting Maine

Dear Readers,

We are students at the University of Maine doing a project on the housing bills that are in session and you could be the help we need! There is a state shortage of affordable and safe housing for Mainers. We are asking our senators and representatives to sign and support these bills because of the help that the bills could provide to our homeless population. The homeless and housing crisis will continue if there is no intervention. As social workers, we see the issue firsthand because we work with our clients to find affordable housing but it seems there is just not enough of that.

The world weeps for animals to be safe, warm, and off the street. The soft Sarah McLachlan plays, tears fall, cue the commercials that say if you are cold, they are cold bring them inside. Now, imagine 9 out of every ten people you know have been or currently are homeless. Does that same tear fall, does the sentiment still ring true? The answer is NO. Instead, there are shortened benches, locked entries, over full shelters, tent encampments, and a lot of hate and judgment.

The average American household pays up to thirty percent of their income to provide a roof over their heads. This does not include utilities, gas, groceries, clothing, childcare, school supplies, or any other amenities. The average monthly rental price is roughly \$1,700, with no guarantee of adequate utilities or parking space. Maine has the 12th highest rate of homelessness nationwide, but people still assume that this is due to people being “too lazy to work”, or that there are drugs involved. Contrary to popular belief, no one wakes up and says “Today I am going to become homeless, and have people hate and judge me”.

The problem is that the housing market is a sham, rent is at an all-time high, and people are working two jobs or more and can barely afford to keep that roof over their heads. Circumstances such as drug use or other hardships/difficulties do not negate the fact that everyone is deserving of safe and affordable housing. The minimum wage being raised may have helped in some cases, however, if zoning laws and wording in leases do not change, there will continue to be growing numbers in the homeless population in Maine. People are one paycheck away from ending up on the street, and if not one paycheck, then one unforeseen situation. So, the time has come to fix the problems so that all are warm and cared for.

Sincerely,

University of Maine Social Work Seniors Housing Group:

Georgia Baber, Elizabeth Bernard, Belle Benner, Tyler Dubois, Stephanie Frost, Sophia Gruber, and Emma Williams

Interventions to Stabilize Dysregulated, Dissociative, Attachment-Wounded Clients

LIVE WEBINAR

APRIL 29, 2022

8:45 AM - 12:00 PM EST

Amy Blake, LCSW

Dysregulated, dissociative, attachment-wounded clients can be very challenging to work with. This workshop will introduce a collection of ego state therapy interventions, from the Developmental Needs Meeting Strategy (DNMS), for stabilizing these clients. It will describe ways to talk directly to triggered wounded child parts—to welcome them, get their story, orient them to present time, and reassure them that their perception of "reliving" an old trauma is just a harmless recording playing back. It will demonstrate getting wounded child parts in a dialogue with loving, attuned, vetted, internal resources who are able to help them feel safe while meeting their emotional needs. When these interventions are provided together, in the right order, they stabilize wounded child parts—bringing them out of trance and into the safety of the present. As more and more wounded parts are stabilized this way, the client becomes better able to regulate emotions.

3 Clinical CEs approved by NASW ME

\$75 for NASW Members

\$100 for not-yet-members



Information & Registration

<https://naswinstitute.inreachce.com/Details/Information/5582f38d-39bc-4c0f-a82a-896a2907c7b5>



BIPOC SOCIAL WORKERS AFFINITY GROUP

We are starting an affinity group for Black, Indigenous, and People of Color (BIPOC) social workers and social work students in Northern New England (New Hampshire, Vermont, and Maine). The affinity group goals are to create a space for BIPOC social workers and social work students, create community, and advocate for BIPOC clients and communities

NASW membership is not required

Our goals will evolve with participant input - we hope you will join us in the conversation. Please let us know you are interested by filling out this brief [FORM](#). If you have any questions, please contact bipoc.socialworkers.nne@gmail.com.

FORM:
https://docs.google.com/forms/d/e/1FAIpQLSfBvv7asqKxxa6z-SFM0BnnL6HiTNWDQO1YRjfcEVWJno_5cA/viewform



NASW Maine 2022 Conference

REGISTRATIONS NOW OPEN
OCTOBER 27-28, 2022
SAMOSSET RESORT, ROCKPORT, ME

REGISTRATION



<https://www.eventbrite.com/e/nasw-maine-2022-conference-tickets-315421703807>

Need your message
to reach social
workers?



Exhibit at the NASW Maine Conference

**OCTOBER 27-28, 2022
SAMOSET RESORT, ROCKPORT ME**

Email Barbara for more information
bsteward.naswme@socialworkers.org or
[SPONSOR & EXIBITOR INFORMATION](#)

<https://www.eventbrite.com/e/nasw-me-2022-conference-sponsors-tickets-315465805717>

ADVERTISE TO MAINE SOCIAL WORKERS

Reach over 6000 social workers and allied professionals across Maine with your employment opportunities, professional development programs or office space availability
naswme.socialworkers.org

WEBSITE

Advertise a text-based ad for 90 days.

RATE: \$1 PER WORD

Advertise with your graphic(s) on our website

\$100 advertising graphic on our website for 60 days - choice of page excluding homepage

\$200 advertising graphic on our home page for 60 days

additional \$100 for a rotating gallery of 1-3 different graphics

EMAIL BLAST

Have your flyer reach the inbox of over 6000 social workers and allied professionals

RATE: \$75 per blast

BUNDLE and SAVE

\$150 for one email blast and your 100 word maximum ad on our website for 90 days



Have other ideas to reach Maine-based social workers?
We'd love to hear them! Contact us to explore conference or networking sponsorships, newsletter ads or other opportunities:
bsteward.naswme@socialworkers.org

Visit MyNASW

MyNASW is a virtual community where you can learn from peers, share your knowledge and grow your connections. Post questions and participate in discussions. Find colleagues using the member directory. Browse resources shared by NASW staff and other members.

[Visit www.socialworkers.org](http://www.socialworkers.org) to get started

Not getting emails from NASW ME?

Update Your Member Profile

Your NASW member profile helps you stay connected and ensures that you receive your full benefits. By keeping your contact information and practice profile up-to-date, you help NASW pinpoint the resources and support you need throughout the year. This information also helps us advocate nationally and locally for you, the profession, and the clients you serve.

[Visit www.socialworkers.org](http://www.socialworkers.org) to update your NASW profile

NEWS FROM HOPE WOODS
April 2022
By Dr. Robin Absher Barstow

Why does wondering feel pleasant and confusion feel unpleasant? Most people like to wonder. Yet most people don't like to be confused.

In the framework of cognitive behavioral therapy, CBT, how we think about something determines how we feel and how we act. Something happens, we have thoughts about it, we experience emotions based upon our thoughts and then we respond. Using CBT then, we learn to identify our patterns of thoughts, emotions and actions. We come to understand how our thoughts shape how we feel and therefore how they impact our lives in significant ways.

In general, there are two kinds of thoughts, not stressful and stressful. We feel badly when we believe a stressful thought. Of course! So, when we are confused, we are believing something stressful. We are believing our automatic negative thoughts. What might be going through our minds?

Let's say, if we're kids, we feel confused by our math homework. Or let's say, if we're grown ups, we feel confused by our taxes. There are a number of possible stressful thoughts that could be involved, but two might be:

"I have to understand this math homework, or else I will get a bad grade, fail the class, get kicked out of school, never get a good job, and be miserable and alone."

"I must understand how to do my taxes, or else I will do them wrong, get in trouble with the government, go to jail, loose my home, and be miserable and alone."

Confusion has been categorized by some as a negative emotion. It might be a kind of overwhelm. We feel confused when we receive information that we cannot match with what we already know or believe to be true. New information that is worthy of notice, like this week's math homework or this year's taxes, gets compared to what we already know, last week's math homework or last year's taxes. This can feel like trying to fit a square peg into a round hole. Confusion is kind of a state of cognitive disequilibrium.

Learning is an emotional experience and confusion plays a stressful role when we are confronted with an anomaly, contradiction, or system break down and are uncertain about how to proceed. Therefore, underlying confusion is fear. *"I should-I must-I need-I have to understand!"* It's a lot of pressure.

Wonder has none of that. There's no pressure in wondering. Underlying wonder there is no fear. It is not stressful to gaze up at the night sky and wonder 'what is the Universe?' Watching your sleeping dog twitch and wondering 'is she dreaming?' is not nerve-wracking.

The Greek philosopher Socrates (470 BC – 399 BC) called these wondering kinds of questions open-ended. In CBT, we use Socratic questioning. In CBT, we use wondering to dissolve confusion. As we improve our awareness of our stressful thoughts this way, we can begin to consciously question them. The Socratic method is often described as a cornerstone of CBT because it uses focused, open-ended questions that encourage reflection.

(continued on page 12)

(News from Hope Woods continued from page 11)

This Socratic questioning relies on empathetic exploration to guide the process, and often has the effect of decatastrophizing. Is it true that you have to understand this math homework, or else you will get a bad grade, fail the class, get kicked out of school, never get a good job, and be miserable and alone? Is there another way to look at it? Have you managed difficult math assignments in the past? Were you able to figure out how to get help with your math last week? What did you do then? Socratic questions are those in which there are no right or wrong answers, to help us expand our thoughts and outlook. Curiosity is not confusion.

So, confusion can create opportunities to stop, reflect, and do CBT. This enables us to work through confusion and acquire a deeper understanding of ourselves. In other words, confusion is an opportunity to wonder.

As the beloved Dr. Seuss says, “think and wonder, wonder and think.”

Clark, G. I. & Egan, S. J. (2015). *The Socratic Method in Cognitive Behavioural Therapy: A Narrative Review*. *Cognitive Therapy and Research*. 39:863-879

Anders Schinkel (2021). *Wonder and Education; On the Educational Importance of Contemplative Wonder*. Bloomsbury Academic, London



Legal Services for the Elderly
A Great Resource!

Legal Services for the Elderly (LSE) provides free legal services to socially and economically needy Maine residents age 60 and older. We are a nonprofit organization and have been helping older Mainers since 1974.

All calls for legal assistance come through our Helpline. Our Helpline can be reached statewide at the following toll-free number: 1-800-750-5353.

Eligible callers (those who are 60 or older and Maine residents) can speak to a Helpline Attorney. LSE attorneys provide information, advice, and possible legal representation on a wide variety of civil legal problems including elder abuse and protection orders, housing issues including eviction and foreclosure, consumer debt, public assistance benefits, guardianship, Medicare/MaineCare, Powers of Attorney, Health Care Advance Directives, and health care coverage disputes. If LSE can't help, callers are offered referrals to private attorneys, sometimes at reduced rates.

In addition, anyone who is Medicare eligible can call for help with questions on eligibility, coverage, billing issues, Coordination of Benefits, Marketplace /Medicare issues and other health insurance related issues, as well as obtaining needed prescription drugs under Medicare Part D.

To reach our Helpline please call 1-800-750-5353. Our services are free and confidential. For more information on a variety of legal issues please see our online Elder Rights Handbook at www.mainelse.org

Top News

Student Loan Payments

President Biden announced that the student loan payment pause will be extended through May 1, 2022. NASW advocated in coalition with the SBPC and many other partner organizations to extend the payment pause on behalf of social workers and other borrowers that have remained burdened by student debt.

Student Loan Forgiveness

NASW advocated strongly for major reforms to be made to public service loan forgiveness - many social workers are now eligible!

Public Service Loan Forgiveness Limited Waiver Opportunity Through October 2022

<https://www.socialworkers.org/Advocacy/Policy-Issues/Student-Loan-Forgiveness>



Savi Student Loan Tool

<https://www.socialworkers.org/Careers/Manage-Your-Student>



-Loans

NASW advocates for loan forgiveness for social workers as part of its ongoing work to improve working conditions and support social work professionals. We know that managing your student loans as a social worker comes with unique challenges. NASW partners with Savi, a student loan technology company providing resources and expertise for members to understand, manage, and repay student loan debt. The free Savi Student Loan Tool analyzes repayment options and forgiveness programs to help borrowers find their best solution. Savi can also provide fee-based digital enrollment and support, discounted for NASW members.



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See all NASW Member Discounts!

<https://www.socialworkers.org/memberdiscounts>

BRANCH MEETINGS

Branch A: Cumberland and York Counties

Join us on 4/25/2022 at 5:30 pm -6:30 pm for Youth Peer Support Statewide Network.

Participants will learn about the work of the Youth Peer Support Statewide Network. Participants will learn what support we offer and who is eligible; a little bit about the Intentional Peer Support model; and how people can make a referral or find more information.

Branch A Chair: Kerstin Kirchner

kerstinkrchnr@gmail.com.

Branch B: Kennebec, Knox, Lincoln, Sagadahoc and Waldo Counties

Branch B: Amy Blake, LCSW Branch B Chair

April Meeting Thursday April 21, 2022 from 7:30am - 8:30am NASW Maine's new Executive Director Chris McLaughlin, MSW, LCSW will be joining us for a meet and greet.

May Meeting Thursday May 19, 2022 from 7:30am - 8:30am Lance Hicks returns and will be presenting: **Building it Together: A Primer for Social Workers on Collaboration with the Peer Mental Healthcare Movement.**

June meeting is open. Please let me know if you have ideas for presenters/topics.

If you are interested in becoming the next Branch B Chair, I would love to talk with you!

amy@relationshiptrip.com

Branch C: Androscoggin, Franklin, Oxford

Chair: Vacant

FMI: Contact Chris McLaughlin at cmclaughlin.naswme@socialworkers.org

Branch D: Aroostook

Chair: Vacant

FMI: Contact Chris McLaughlin at cmclaughlin.naswme@socialworkers.org

Branch E: Hancock, Penobscot, Piscataquis and Washington

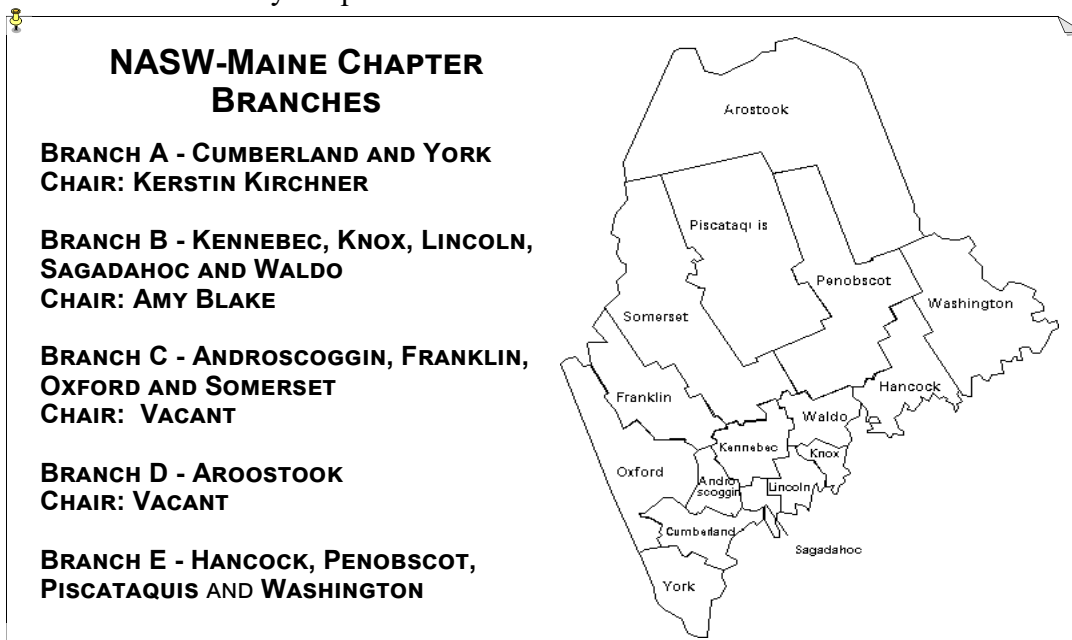
Chair: Cyndi Sturm

Branch E meets the 4th Thursday at 4pm

FMI: Contact Cyndi Sturm at cedsturm24@gmail.com

School Social Work Committee

Meets on the 4th Wednesday at 4pm



NASW Maine Policy Committee

Julie Schirmer, LCSW
jschirme4@gmail.com

The policy committee wrapped up their work for this legislative session, testifying on bills related to Tribal Sovereignty, Banning Solitary Confinement in our Prisons, Paid Family Medical Leave, monitoring behavioral health annual reimbursement, improving behavioral health credentialing and many others. Check out our newly updates NASW Maine Policy page for details and a link that allows you to access the bills and all letters of testimony. <https://naswme.socialworkers.org/Advocacy/Policy-Issues>

For the upcoming legislative session, NASW Maine is gearing up to recruit and collaborate with legislators, schools of social work and others to submit a bill to support Maine's Social Work Student Loan Forgiveness Program. This program was legislated in 2009, yet was NEVER funded. Now is our time and this is how you can help.

Add your story to our storyboard about the impact and amounts of your unpaid student loans and what it would mean to you, if you were able to access loan forgiveness. <https://forms.gle/4pXoqxw2d6nA36Px9>

During the legislative campaigns, talk to current and future state legislators about the need for social work loan forgiveness.

Keep your eyes out and attend upcoming town halls and other educational events about social work student loan forgiveness. We need to educate ourselves about the need, existing programs and how to best work towards a loan forgiveness that helps support our workforce and improve access to behavioral health services.

Typically, the policy committee meets at noon on the third Tuesday of each month. This month, it will take place on April 26th at noon. Please join us to make our collective voice stronger! <https://us02web.zoom.us/j/81407116315?pwd=OTFybknLcDBzTW5VUk1Jb1pOR1dwUT09>



THE TIME IS RIGHT
FOR SOCIAL WORK

NEW NASW Maine Members



Alicia Natchie

Amy Sibley

Daniel Rosenheck

Dorothy Carroll

Holy Powers

Jessica Alvino

Kari Gordon

Molly Orcutt

Natalie Bornstein

Bobbie Benjamin

Carrie Kahl

Cyndi Jacoby

Elianna Maniatakos

Jillian Easttey

John Heenan

Kaitlin Binnington

Lucia Tricomi

Nicole Bassett

Roxanne Sparrow

Tyler DuBois

Amanda Swanberg

Deborah Murray

Kate Stearns Luce

Katrina Wozich

Kerry Morgan

Laura Doroghazi

Maria Rodriguez

Griffin Williams

Heather Meier

Leora Johnson

Margaret Quinlan

Robert Hemenway

Roderick Belanger

Samueal Roy

Sharlene Adams

Nikkita Drake

Carolyn Dixon

Brittney Beaulieu

Allison O'Neil

Christina Lore

Greetings and welcome new members

Thank you for recently joining the NASW Maine Chapter.

You are now eligible to join committees, vote in Board elections, attend Board Meetings, and participate in Continuing Education activities at member discounts.

Please call the Maine Chapter at 207-622-7592 if you'd like to serve as a resource



Seeking Exceptional People to Make an Exceptional Impact!

**Clinicians
Care Coordinators
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Our Team:

Pathways team members are committed to promoting a positive culture within our teams and communities. Our Service Committee and Employee Advisory Committee are just two of the ways that we invite our teams to support each other. When you join us our goal is to ensure you have the training, mentoring and experience to feel supported at work.



Treatment Approach:

Pathways team members are committed to providing evidence based practice models including Applied Behavior Analysis (ABA), strengths-based treatment, developing therapeutic relationships and effective skill-building interventions.

Your Opportunities:

We are committed to your growth and development. We have an opportunity for you to advance in the position that you start in within your first year of hire through our level system. We work with our team members to set goals for their professional and personal development and check in on those goals in supervision. We encourage you to learn and grow with us!

Contact us to apply:

Stephanie Wiehn, Director of Training, Learning and Team Development
Text or Call: 207.844.9919
Email: Stephanie.Wiehn@pathways.com

- * Paid Time Off with rollover options
- * Retirement Plan
- * Health Insurance
- * Mileage & Travel Time
- * Company Cars
- * Company Cell Phone
- * Training
- * Supervision
- * **Completive wage plus incentives for high performance!**



Learn more @ www.pathwaysofmaine.com

Like us on Facebook: <https://www.facebook.com/PathwaysofMaine/>



WE'RE HIRING FULL TIME CLINICIANS!

Family Counseling Center at Maine Children's Home (MCH) continues to grow, and we invite you to join us! The center is staffed with a professional, supportive team providing the best possible mental health care for children and families in our community in a trauma-informed environment.

WHAT WE CAN OFFER YOU:

Professional development and personal growth opportunities, competitive pay and benefits, support for self-care, paid sick, vacation and holiday time.

Although we prefer clinicians who are fully licensed, we also welcome applications from those who may be conditionally licensed

FOR MORE INFORMATION, VISIT:

mainechildrenshome.org/contact-us/job-opportunities

TO APPLY, PLEASE CONTACT:

Diana Rafuse, Director of Operations
drafuse@mainechildrenshome.org
207-873-4253 Ext. 211



93 Silver Street, Waterville, Maine, 04901 • 207.873.4253 • mainechildrenshome.org

WE ARE HIRING

Joining TOA is an opportunity to change lives.



"This is the most fulfilling job I have ever had. I love working at TOA because, even on challenging days, it feels great to end the day knowing that you have made a positive difference in someone's life."

Join our Residential Services Team!

TOA is looking for passionate individuals who can provide direct service to clients within one of our Residential Treatment Programs. Successful candidates would assist with quality treatment and service planning. You will be a part of a clinical team that identifies needs, contributes to physical and mental wellbeing, personal support, and watchful oversight.

Extensive Benefits Package | Purpose-Driven Work | Advancement Opportunities

Part-time & Full-time Opportunities

**Residential Service Technician - Residential Crisis Worker - Residential Case Manager
Program Coordinator - Program Assistant**

SIGN-ON BONUSES!

www.OpportunityAlliance.org/CAREERS

APPLY TODAY!





Bring your talent and your vision, and join Northern Light Acadia Hospital in a rewarding career!

Are you ready to work for an organization that truly cares about work-life balance and encourages you to be an enthusiastic learner, actively pursue research, and grow as a clinician? Acadia Hospital provides consistent and ready access to clinical and administrative support, a generous benefit package, and financial support to encourage each clinician's professional development. Interested in becoming part of our team?

Current openings include:

- New Graduate Clinician Orientee – In Patient
- Pediatric and Adult Outpatient Clinicians
- Pediatric and Adult Inpatient Clinicians
- Behavioral Health Consult Prof Services Clinician
- Integrated Behavioral Health Clinician
- Employee Assistance Program Clinician

Acadia Hospital clinicians enjoy:

- Up to \$7,500 sign on bonus
- Up to \$35K tuition loan repayment
- New and improved rates of pay
- Health, dental, and vision plans
- 403b retirement plan
- Generous PTO

Remote and per diem positions are available!



Visit our website to learn more:
northernlighthealth.org/careers
Or text Clinician to 207.506.0033

with/Sweetser

Hiring Clinicians across Maine

Sign-on bonus – up to \$7500 for some positions!

Join our team!

Medical, dental and vision benefits with company contribution

403(b) retirement plan with company match

Reimbursement for clinical licensure, exams and renewals

Mileage reimbursement

Generous Paid Time Off

When you do what you love, with people you care about – your job becomes more than just a paycheck, it becomes a passion.

Don't settle for just a paycheck. Choose a job that truly inspires you. Choose a job that could change a life – even your own.



Sweetser is hiring Clinicians and Clinical Supervisors across Maine. Whether you are a recent graduate or have years of experience, we have clinical opportunities for you. Join our growing team and make a difference in the lives of people of all ages.

Our clinical openings include:

- » Crisis Clinical Supervisor (Lewiston)
- » Day Treatment Clinical Supervisor (Saco)
- » OPTIONS Clinician (Wiscasset)
- » Crisis Stabilization Unit Clinician (Brunswick)
- » Clinical Behavioral Health Specialist (Martin's Point, Portland)
- » Child Crisis Unit Clinician (Saco)
- » School-Based Clinicians statewide

Maine licensure required. Conditional licensure accepted for some positions.

[Visit **sweetser.org/careers** to apply online!](http://sweetser.org/careers)

Text "Clinician" to 207-468-5110. Check all openings on our website or contact Carol Mundigler, Director of Talent Acquisition & Retention, at cmundigler@sweetser.org with questions.

As one of Maine's most comprehensive behavioral health networks, Sweetser connects individuals to the mental health treatment and related support they need and deserve. Nationally recognized and accredited, each year Sweetser's caring and compassionate professionals connect 20,000 children, families and adults with mental health, developmental, educational and recovery services.



WE ARE HIRING!

Join our team! Spurwink provides behavioral health and education services for children, adults, and families in Maine. With over 1,200 employees statewide, Spurwink is an excellent career choice, offering the opportunity for advancement in a supportive environment. Employees are offered generous earned time with the ability to accrue, cash out, or exchange for student loan repayments.

SEE WHAT OTHERS ARE SAYING! CLICK BELOW TO VIEW OUR VIDEO.

<https://vimeo.com/manage/videos/536431980>



Spurwink offers full time employees all the benefits you would expect from an employer of choice! (Paid time off, Health Insurance, Dental and Vision coverage, Long Term Disability, Basic Supplemental Life Insurance, Medical Care and Dependent Care Flexible Spending Accounts, Employee Assistance Program, Health Savings Account, 403B Plan, Pet Insurance and much more.)

Clinicians also receive: Reimbursement for licensing expenses including renewals and exams, tuition reimbursement and continuing education funds, and team-based approach to treatment with quality supervision.

APPLY TODAY: spurwink.org/careers

If you have any questions, contact 207.871.1200 or recruitment@spurwink.org

HealthReach Community Health Centers

Clinical Social Work positions in Maine

Sign-On Bonus: \$5,000 - \$7,500

Madison ~ Strong/Rangeley ~ Strong ~ Albion



Job responsibilities:

- Serve people of all ages and economic situations.
- Treat behavioral health and addiction utilizing solution-focused, short-term interventions.
- Participate in team of BHCs serving a network of 11 family practices.
- Engage patients in improving their wellbeing.
- Develop a common treatment plan with medical clinicians addressing physical/behavioral needs.

Compensation:

- Competitive salary and benefit package
- Sign-On Bonus: \$5,000 - \$7,500**
- Student Loan Repayment opportunities ~ Continuing Education: \$2,500
- PTO-272 Hours Annually ~ Paid Relocation ~ Retirement Plan with employer match up to 2% of salary
- Consultation towards LADC licensure ~ Malpractice Coverage ~ EOE

Practice Details:

- 4/5-day week ~ (36 hours scheduled with patients and 4 administrative hours) ~ 6-9 scheduled patient visits per day
- Collaborative ~ integrated within primary care practice
- Requirements: LCSW is required. LADC is also beneficial.

Contact:

<http://www.healthreachchc.org/CurrentOpenings.aspx>

HealthReach Community Health Centers, 10 Water Street, Suite 305, Waterville, ME 04901

(207) 660-9909 ~ Fax: (207) 660-9901 communications@HealthReach.org

HealthReach Community Health Centers is a group of eleven Federally Qualified Health Centers in Central and Western Maine. As NCOA certified Patient-Centered Medical Homes, we offer accessible, high quality healthcare with integrated behavioral health, psychiatric medication management, and referrals. To ensure access for everyone, HealthReach accepts Medicare, MaineCare and major insurances. In addition, a sliding fee program is available to uninsured and underinsured residents as well as assistance with applications for programs that help with the cost of health care and medications including the Health Insurance Marketplace. A private, non-profit with a 46-year history, HealthReach is funded by patient fees, grants, and individual donations.

Connections for Kids
is one of Maine's leading mental health agencies and for 26 years has been creating better futures for children and families through compassionate and individualized care.

Working at CFK you'll be an integral part of our agency; accompanying families on their powerful life journey and building relationships with resilient children.

Our mission-driven team will provide you with weekly, in-depth supervision and support, and you will learn the latest innovative treatment.

COME BE A PART OF OUR GROWING AGENCY!

NOW HIRING:

\$5000 Sign On Bonuses:

- HCT Clinicians- Lewiston/Auburn:
Full-time and Per-Diem
- Special Purpose School Clinicians:
Kittery and S. Portland

\$2000 Sign On Bonuses:

- Special Purpose School BHPs:
Kittery/ S. Portland
- Day Treatment BHPs: Fairfield/Auburn
- Section 28 BHPs: Portland/Norway



Benefits:

- Competitive starting pay rates
- Full benefits coverage
- 403b retirement plan with matched contributions after a year
- Company issued lap top, plus cell phones for HCT, TCM and Clinical positions
- Tuition reimbursement
- Participation in the Public Service Student Loan Forgiveness Program
- Discounts to area businesses such as an 18% Verizon discount
- Relaxed and casual work environment
- Flexible schedules
- Mileage reimbursement
- Paid sick leave
- **Generous PTO package that includes 22 paid days off in your first year and increases with longevity!**

For more details find us on:

- Indeed
- Facebook
- LinkedIn

www.connectionsforkids.org





Crossroads, a highly respected nonprofit addiction, and behavioral health treatment provider, in Maine, is seeking fully or conditionally Licensed Clinicians to support our clients in our outpatient department through our Partial Hospitalization Program (PHP) and individual counseling.

This is a great opportunity to engage and support clients through the continuum of care with a community leader in addiction and eating disorder treatment in the State of Maine.

Strong clinical candidates will possess specialized experience working with individuals affected by co-occurring mental health and substance use disorders. Clinical opportunities would include utilizing evidence-based models of treatment through individual client care and group facilitation in the PHP, working with a multidisciplinary team consisting of clinicians, a registered dietitian, nurses, psychiatrists, and psychologists, performing biopsychosocial assessments, creating treatment plans, referring clients to other appropriate levels of care, and providing information to our utilization review team.

This position would work to ensure the day-to-day clinical care is aligned with agency policy and philosophy as well as state licensing and CARF standards. This role is an essential contributor to supporting the continuum of care for which Crossroads is nationally recognized.

Job responsibilities include (but not limited to):

- Completes biopsychosocial assessments
 - Provides individual and group
 - Participates in weekly clinical team meetings
 - Completes proper documentation according to agency and licensing standards utilizing the organization's electronic health record (EHR)
- Develops and maintains positive internal and external professional relationships

Desired Qualifications:

- Master's Degree in Social Work, Psychology and Counseling or related area
 - Fully or conditionally licensed Clinical Licensure
 - 3-5 years working in a clinical setting preferred
 - Experience in the treatment of Substance Use Disorders & Trauma
 - Excellent written, communication and interpersonal abilities
 - Maturity and professionalism, with a sincere desire to work with recovering individuals
- Experience and comfort with using electronic health records, email, and office software programs

Interested in learning more about opportunities with us? Contact Human Resources at hr@crossroadsme.org.

Virtual clinical opportunities are also available for clinician interested in supporting clients virtually in both group and individual sessions.