

Presenter Information

Wanda Anderson, MSW, LCSW is a native of Northern Maine. She has resided in Georgia, South Carolina, Nevada, Hawaii, Augusta and Portland. She is a graduate of University of Maine at Orono and the University of Hawaii. She has worked as an administrator, advocate, clinician and educator. She has been a faculty member at the University of New England since 2003. Area of interests includes: issues of poverty, women and children, sexual abuse issues and Social Work Ethics. Wanda has presented extensively on Social Work Ethics over the past 10 years.

Brandy Brown, LCSW is the Program Manager for The Gender Clinic Program at Maine Medical Partners/ The Barbara Bush Children's Hospital, and Clinical Assistant Professor of Psychiatry for Tufts University School of Medicine. Brandy received her MSW and BSW at the University of Southern Maine and is currently pursuing a DSW. Brandy is an advocate for improving LGBTQ+ healthcare, with a clinical focus on best practices in transgender health within pediatrics, as well as improving overall systemic competency and functionality within a large healthcare system. NASW affiliation includes: NASW-ME Board President and Chair NASW- ME LGBTQ Advocacy committee.

Bonnie Collier is a native of Central Maine who has been a licensed clinical social worker for 7 years, specializing in individual therapy in a community-based setting using CBT, ACT, and principles of DBT. Most recently, upon becoming a Certified Intuitive Eating Counselor, she has started a mindfulness based private practice related to supporting others in the challenges associated with engaging in self-care as it relates to self-efficacy, self-image and self-concept with a focus on personal, cultural, and institutional factors.

Jude Currier, LICSW is currently in private practice, Jude has been a social worker for over 30 years. While his experience in the field has been wide ranging, including child protective social work, home based psychotherapy, emergency room psychiatric assessment and community mental health, Jude's private practice focuses on helping parents create and maintain healthy, safe and balanced home environments for their children. He has developed Choice-Consequence Parenting, a model that helps build resilience in children through a specific application of expectations in a low-conflict arena. Jude also works actively with local family courts, providing guidance to parents of children in high-conflict divorce situations.

Carolyn Curtis, Ed.D, LCSW, is a school social worker at a high school in Maine. She earned her doctorate in education from New England College. Her dissertation focused on the important role that school staff and educational systems can play in preventing opioid misuse. Carolyn is a part-time lecturer for New England College's School of Graduate and Professional Studies and teaches courses aimed for educational administrators and teachers to learn how to best support mental health struggles in schools.

Lee D'Attilio LCSW, is the supervisor for the Vocational Specialist and Family Navigator program at Spring Harbor Hospital. Lee has 25 years of experience with both direct care and management within the social work field. Lee is currently Senior Director of Intensive Services at Maine Behavioral Healthcare. Lee graduated from Worcester State College with a degree in Social Sciences and earned her MSW at Boston College.

Gretchen J. Davidson, LCSW has been practicing psychotherapy full-time since graduating from Smith College School for Social Work in 2014. Her Master's thesis was a qualitative research study on the experiences of survivors of sexual trauma during the childbearing year. She teaches Perinatal Mental Health, Counseling Skills, and Group Process at Birthwise Midwifery School in Bridgton, ME and has a private psychotherapy practice in Conway, NH.

Barbara Davis, MFA, MSW, LCSW has 25 years experience working in various settings as a clinician, supervisor and program director. Barbara has taught social work at the graduate level, authored a chapter on trauma and addictions treatment and been a Field Reviewer and Expert Panel Member for the SAMSHA/CSAT Treatment Improvement Protocol (2008-2014). Barbara has post-graduate training in expressive arts therapy, psychoanalytic psychotherapy and mind-body medicine. Barbara is a member of NASW, the International Association of Expressive Arts Therapists and the North American Alliance of Climate Psychologists. Barbara integrates expressive arts and mind body medicine techniques into her work as a talk therapist.

Barbara Drotos, LICSW is the NH START Clinical Director, which provides support to individuals with developmental disability and mental health concerns. Barb earned a master's degree in social work from Salem State University (1992) and a bachelor's degree in social work from the University of New Hampshire. She has over 30 years of experience working with complex individuals, children and families, including work in the foster care and adoption systems, community mental health centers, and developmental services. Barb is a Nationally Certified START Coordinator specializing in IDD/MH. As a social worker, educator and administrator, it is Barb's life work to provide support to those who experience a developmental disability or acquired brain injury along with mental health concerns. She is a parent by birth as well as through foster care and guardianship. She lives in Hopkinton, NH with her family.

Bette Freedson is a clinical social worker, speaker, teacher and writer. She is the author of *Soul Mothers' Wisdom: Seven Insights for the Single Mother*. Bette is also the author of *Other Realms, Other Ways: A Clinician's Guide to the Magic of Psychotherapy*, and a contributing author for *Ericksonian Therapy Now: The Master Class with Jeffrey K. Zeig, PhD*. Bette specializes in stress management, Ericksonian hypnosis and intuitive development. Bette is a member of CAYA, the NASW Specialty Practice Section on Children, Adolescents and Young Adults. Bette Freedson practices in southern Maine.

Mary Gagnon is a Licensed Marriage and Family Therapist and the Training and Clinical Development Specialist for Health Affiliates Maine. Mary has worked in private practice as well as a variety of community mental health settings throughout her career. Her most recent work at Health Affiliates Maine includes oversight of clinicians in private practice and development and facilitation of trainings for schools and conferences throughout the state.

Karen Kruzan, LISW-S, CPO-CD has spent the past 30 years changing lives. She is a psychotherapist, professional organizer, published author, and national speaker. Karen embodies the K² Organizing tagline “No Judgment. Just Relief.” Adults facing organizing, clutter, and mental health challenges find her gentle and practical methods comforting and productive to help them overcome barriers to having the lives they envision. Karen is a Hoarding and Chronic Disorganization Specialist, and a member of NASW, AADA, ICD, and NAPO. Ms. Kruzan serves on her community’s hoarding taskforce and was twice the featured organizer on TLC’s Hoarding: Buried Alive.

Michael Lawless, MSW, LICSW, MLADC has worked in a variety of clinical settings providing direct services to clients with substance use and co-occurring mental health disorders. He has served as a contract manager for the Bureau of Drug & Alcohol Services, trainer in the community and has extensive experience working with legally-involved clients. He works for the State of NH’s Employee Assistance Program and has a small private practice in Manchester, NH. In addition to his clinical work, he has extensive experience in providing supervision and training on a number of topics.

Kimberly Livingstone, PhD, MSW After many years in Social Work practice managing services for people with severe mental illnesses and histories of homelessness, Dr. Livingstone began teaching at Plymouth State University in 2017. Her areas of service and scholarship include homeless services development and program management. She has a particular interest in evidence-based models such as Critical Time Intervention (CTI) and House First. She has helped to implement 7 CTI programs across NH and continues to facilitate the CTI-New Hampshire Community of Practice. Her dissertation research explored supportive housing residents’ motivations and barriers to moving on from homelessness services.

Greg Marley has practiced in the field of community mental health and prevention in Maine for over 30 years. Since 2007, Greg has developed and presented training supporting suicide prevention, management of suicidal behavior under the umbrella of the Maine Suicide Prevention Program. He comes to this work from a background in crisis and emergency services, clinical treatment and program management. In the aftermath of a suicide, he provides debriefing, guidance and support to schools,

organizations and people in grief. Greg lives in Rockland with his family and spends considerable time messing about with wild and medicinal mushrooms.

Lawrence Shulman, M.S.W., Ed.D. is a former Professor and Dean at the School of Social Work, the University at Buffalo. He is been leading his own pro-bono direct group work practice, usually with single parents, married couples, students suspended from school for violence, and persons with AIDS in early recovery. He has done extensive research on the core helping skills in practice, supervision, and child welfare. Dr. Shulman is used widely as a training consultant in direct practice, family work, group work, supervision, field instruction, administration, residential treatment and the skills of working with other professionals. He has published numerous articles and monographs on direct practice and is the author of ten books. These include: *Dynamics and Skills of Group Counseling*, 2011; *The Skills of Helping Individuals, Families, Groups and Communities*, 8th Edition, 2015, both by Cengage Publishers; *Mutual Aid Groups, Vulnerable and Resilient Populations and the Life Cycle*, 3rd edition, 2005 (Co-edited with Dr. Alex Gitterman of Columbia University), Columbia University Press.

Kelly Smith, LICSW has worked with both foster and adoptive families for the past 30 years. She has a private practice specializing in attachment, trauma and loss, in Concord, New Hampshire.

Kelly is committed to also advocating for foster and adoptive children at the macro level so that systems are engaged in the best practice for these children and families.

Ms. Smith has a passion for international travel and has worked extensively in orphanages worldwide. She has also traveled with adoptive families on homeland tours as well as with parents traveling internationally to pick up their adoptive children. Personally, Kelly is married. She and her spouse have been together for 20 years. They have a 22 year old son. They have also fostered two adolescents who have successfully transitioned into adulthood. Kelly and Barb are also guardians to two adults with significant special needs.

Jed Wilson, LICSW is a clinical social worker and psychoanalytic psychotherapist. Currently in private practice, he previously served as a staff clinician, supervisor, and clinical director at Northern Human Services, a community mental health center in Conway, NH. Wilson's clinical interests include the psychodynamic treatment of psychosis and trauma.

