

Caring People Make a Difference

MAINE NEWS

A Statewide Publication for Maine Social Workers



NASW Maine Chapter Newsletter

NASW Maine President's Message—Brandy Brown



Fellow Social Workers,

This year continues to push us to adapt and change in new and different ways. As I sit to reflect on the past few months, I realize that each time I have come to write a message this year, we are seeing and experiencing new and different crisis, each compounding onto the next and requiring more and more of us. These challenges test our resilience as social workers, as we continue to provide support to individuals, seek change in oppressive systems, and navigate an ever-connected world. I am thinking about the challenges we have faced in Maine, and at the same time I am hearing from friends on the west coast, struggling to prepare for evacuation and resource scarcity. This year has been teaching us a lot about science and our impact on the planet, from climate change to healthcare.

Earlier this year, we began to focus on public health as we responded to having COVID-19 come to the US and then to Maine. We responded by advocating for people to be able to be safely at home. Six months later, we can see how this has pushed us forward to learn new technology platforms, find new ways to connect with clients, and rethink ways of connecting with others. With the increased isolation and stress, we found new ways to support one another, through helplines, self-care, groups, virtual walks, and re-engaging social media.

This summer, we turned our focus to national protest, Black Lives Matter, and taking the time to understand racism within our institutions. Over the past few months, I have been able to lead a series of conversations with social workers across the state, to help us understand the areas we need to focus on to truly develop and utilize an anti-racism lens to our practice and advocacy within NASW-Maine. We are creating opportunities for discussion and training throughout the chapter and are continuing to respond to these conversations. This work has included many uncomfortable-yet-important conversations and I look forward to the continued growth for social workers here in Maine.

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We are on Facebook!

www.facebook.com/NASW-Maine

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PRESIDENT'S COLUMN—Brandy Brown

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Over the next few months, we will continue our conversations and training opportunities as well as support The development of an affinity group for BIPOC social workers and look into ways to expand our support of diversity and inclusion within the chapter. We will be reaching out to those who have been connected to our LGBTQ+ Advocacy group for a discussion to help support the potential creation of a committee related to diversity. We will send that information out to the listserv, but if you would like to be specifically updated when that meeting is scheduled, please let me know.

Social workers in Maine continue to rise to the challenges as they present, whether here in Maine or across the country. Even with the increased virtual opportunities, I continue to get to know social workers across Maine, seeing our strength and diversity. As you consider ways you can engage in the profession, please reach out to me about opportunities to support the Board of Directors, where there are a few seats available, or to take part in different committees (for example the Ethics committee is in the process of improving peer consultation available).

In closing, I would be remiss not to remind you all that voting is a social work issue. It is important for us to vote, and to consider our values and principles as we do so; it is also important for us to help support our clients in navigating barriers to voting, including health, safety, and transportation challenges. For the upcoming November election, this is the time to request an absentee ballot from Maine.Gov, which will be sent out in early October (click this link) <https://apps.web.maine.gov/cgi-bin/online/AbsenteeBallot/index.pl>.

Thank you for your ongoing service, drawing on long developed strengths within the profession- Generations Strong- and for continuing to work with NASW Maine as we improve practice and advocacy, increase connection, and propel forward, on behalf of our profession and of Mainers.

Brandy Brown, LCSW
President, NASW Maine Chapter
Social Workers, Generations Strong

Welcome to our two new MSW interns:

Jamie –Lynn Kane from the University of Maine Orono
Anna Gallagher from UNH. The will be joining Danielle Blair from UMaine Orono.

National Association of Social Workers
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**NASW-Maine Chapter
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**NASW-Maine Chapter
Volunteer Leadership**

Board Committees

Continuing Education

Wendy St.Pierre

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Wanda Anderson

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Policy:

Julie Schirmer, Chair

NASWMEChapterVP@gmail.com

Interested in volunteering?

Contact the chapter office at:
lstanley.naswme@socialworkers.org
207-622-7592 or 603-496-0994

The NASW Maine Chapter Newsletter is published 4 times per year . Winter, Spring, Summer and Fall

Advertising Rates:

Full page	\$210.00
Half page	\$135.00

www.naswmainechapter.com

INTERIM EXECUTIVE DIRECTOR: Lynn Stanley, LICSW



Hello NASW Maine Members,

Thought I would share a picture of where I've been hunkered down for the last six months. While we are certainly not quite seeing the light at the end of the COVID19 tunnel, I know we have somewhat adapted to uncertainty and change. I hear from social workers every day about the challenges, advocacy, and triumphs. You all make me proud to call myself a social worker.

While you all get my regular updates through email, I thought I would share some of the work we have been doing here at the Chapter and what is happening at the National level. You have heard me say it before, but membership with NASW is a reciprocal relationship – I can best serve you when I know the challenges you, your clients, and your communities are facing.

Advocacy:

- Telehealth, interstate telehealth, and insurance coverage
- Telephone only coverage through Medicare
- Increasing ASWB exam testing spots
- Voting access
- Not shortening the census taking time
- Access to childcare and funding for childcare
- The HEROES Act
- Racial equity on a multitude of fronts
- And so much more

Professional Development:

Though for some of you, your CE's for license renewal have been waived, we know you take your ethical responsibility to professional development seriously. Plus, it is a nice way to connect with other social workers from the comfort of your own home or office! While we had to delay our Conference until 2021, we have been offering numerous workshops on Zoom that cover a variety of topics. We really hope you will join us on October 5th for our [Social Work Symposium](#) – if you are a member or social work student and don't need the official contact hours, it is free! If you still need your Domestic/Intimate Partner Violence hours, you can join us virtually for our [Neuroscience Directed Treatment for Domestic Violence Cases](#) three mornings this November.

Consultation:

Some great affinity groups have popped up recently. School social workers are now virtually gathering to discuss the work they are doing. BIPOC social workers are also starting an affinity group. New professionals are coming together from across ME, NH & VT to network, support each other, and take the opportunity to learn more about the social work profession. Think there might be a group of social workers that would like to come together? Let's build it and see who comes.

So many questions – but we have a lot of answers. If I don't know the answer, I probably know someone who does. Call or email me. And a special thank you to all the social workers who will readily respond to my pleas for help when I don't have the answer!

Thank you for all you do and thank you for being a member of NASW.
Working together,

Lynn



Social Worker Spotlight Chris McLaughlin, LCSW

By Danielle Blair, MSA Intern

Chris McLaughlin, LCSW, is the Associate Vice President of Community and Pediatric Services at Northern Light Acadia Hospital in Bangor, Maine. A life long resident of Maine, Chris obtained both his BA in Psychology (1996) and his MSW (2001) from the University of Maine at Orono. Chris has spent the last 20 years providing behavioral health services to youth and families across a variety of clinical settings including treatment foster care, residential treatment facilities, public schools, private practice, and community-based case management programs.

Additionally, Chris has purposefully built his career around education and advocacy for LGBTQ+ youth and their caregivers. Chris says, “This is a community which I am both personally and professionally connected to, and I’ve spent a great deal of time over my career working to educate, advocate, and build compassion on behalf of these kids.”

In his current role, which is more macro-focused, Chris often — if not always — approaches problems and challenging discussions through a social work lens. Even when focused on more administrative tasks, Chris finds that his “social work monocle,” as he figuratively calls it, enables him to incorporate social work values and assets into his vision and programming. Approaching conflict with a mindset geared toward collaboration is one of many social work tenets that he approaches everything with, and Chris is constantly thinking of person-in-environment theories, trauma-informed care practices, and the pitfalls of compassion fatigue and burnout for social workers, allied professionals, and people in general.

According to Chris, there is a great deal that is rewarding about social work. Especially in his more recent roles, Chris loves knowing that he has played a part in the development, evolution, and expansion of some of the care systems for kids and families. In an interview with NASW ME, Chris emphasized the importance of advocating based both on data as well as real life stories. Chris says that he loves “collecting stories directly from kids and their families and caregivers and being able to share those perspectives with policy makers.”

On the topic of self-care, Chris admits that he wishes he had better developed his self-care skills as a student and, later, as a practitioner. Twenty years after receiving his MSW, Chris is still exploring and learning about “what self-care really means and how we, as social workers and humans, really need to develop it.”

When asked whether there were any social justice issues that he felt were pressing given the pandemic and the current political climate, Chris gave the following statement:

I think given the COVID-19 pandemic, given the numerous incidences of racial injustice across our country, given our growing knowledge of healthcare disparities for many marginalized populations, given a federal Administration who has very openly sought to limit and restrict healthcare access for transgender Americans, and given that we’re in an election year, I think social justice, in and of itself, is the issue. I would be hard-pressed to pull out any one of those as the priority issue. We’ve got to get back to empathy, back to compassion, and back to some of those core values — not just of social work, but of being human. I think social justice is on the ballot this November in a way that’s very different from other elections that I can recall. I do believe that this is the election of a lifetime. And I think social workers are called to action at times like this to talk openly with one another and our communities and bring up the subjects that folks may want to shield their eyes from and to advocate for change.

Chris notes that while there is a lot of work ahead of us, he finds hope and inspiration in the younger generations of social workers, social work students, and activists. Regardless of the outcome of the 2020 Presidential Election, Chris takes comfort in knowing that voices have been mobilized that were not mobilized before, “that people are finding their voices to add to the chorus that all of us have been performing.” While he knows that advocacy is slow and that change takes time, Chris recognizes in these young people an eagerness to be done sitting on the sidelines. He is excited for the learning, change, and growth that they are challenging the nation to undertake.



Develop an Antiracist Lens For Your Clinical Practice - Part II

Keita Annie Whitten
Foster, BSW, MSW,
LCSW, SEP

October 16, 2020
9:00 - 11:15 am
Live Webinar

This is not a traditional workshop. This is an experience designed to engage you in a somatic exploration. Part one introduced broad brush strokes introducing concepts like “racialized emotional fragility,” and how to recognize flight, fright, freeze, and fawn as racialized emotional fragility within your body. In part II, participants will build on concepts briefly explored and practiced in part one in. Part II will hold space for you to learn how to (and practice) develop a somatic understanding (capacity) for navigating the visceral effects of race. This practice is foundational for the ability to help move you through the zones of fear, learning, and growth, which hinder your process in becoming an anti-racist practitioner.

If you did not participate in Part I - please watch the recording on the NASW ME Website



\$30 NASW Members/\$50 non-members
Students attending Social Work program
may attend for free
2 Clinical Contact Hours approved by
NASW ME
[Information & Registration](#)



NEUROSCIENCE DIRECTED TREATMENT FOR DOMESTIC VIOLENCE CASES

Live webinar domestic/intimate partner violence trainings for experienced clinicians.

Charles Safford, LCSW Celia Grand, LCSW

This training will be conducted via live webinar for six two-hour sessions. Participants will be able to ask questions, converse with trainers and other participants, and get their required DV training from their own computers.

Mod 1 - Nov 4th 9 - 11 am Mod 2 - Nov 4th 11:15 am - 1:15 pm

Mod 3 - Nov 11th 9 - 11 am Mod 4 - Nov 11th 11:15 am - 1:15 pm

Mod 5 - Nov 18th 9 - 11 am Mod 6 - Nov 18th 11:15 am - 1:15 pm

You may choose to participate in any or all of the trainings.

2, 4, 6, 8, 10 or 12 contact hours

Please note, to avoid having participants pay the handling charges of six separate tickets, we have set the first training date as the date of the training.

After registering for the number of trainings you wish to attend, you will be asked which ones you are choosing (Modules 1 - 6).

Modules 5 & 6 also qualify for Ethics.

COURSE DESCRIPTION AND REGISTRATION

<https://www.eventbrite.com/e/114571454304>



The Connect Program: National Best Practices for **Recognizing and Responding to Youth Suicide Risk during COVID-19**

Ann Duckless, MA

September 23, 2020
8:30 am - 11:50 am

Live Webinar

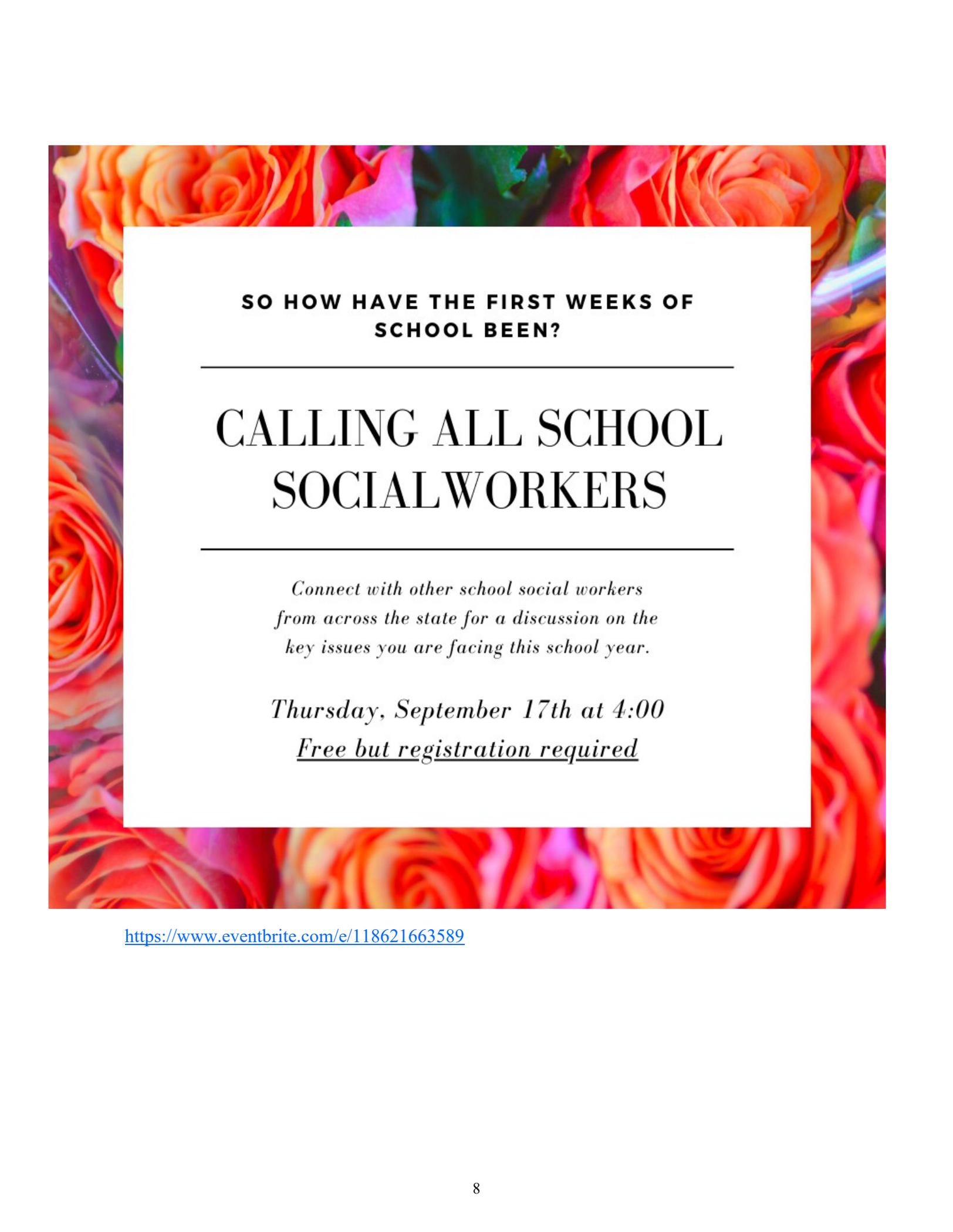
Mental health providers are on the front lines of suicide prevention efforts, and may well encounter changes in youth behaviors, attitudes, academic performance, or social interactions which may signal symptoms of depression, substance misuse, and/or other risk factors which may lead to suicide. The Connect Program is a unique community-based prevention training designed to increase the competence of mental health providers to promote suicide prevention, recognize individuals at risk, and respond to individuals who are thinking about or who have attempted suicide.



National Association of Social Workers

NEW HAMPSHIRE CHAPTER

\$60 NASW Members/\$85 non-members
3 Category A Clinical CEUs in Suicide Prevention
approved by NASW NH. Approval #3729
Information & Registration



**SO HOW HAVE THE FIRST WEEKS OF
SCHOOL BEEN?**

**CALLING ALL SCHOOL
SOCIALWORKERS**

*Connect with other school social workers
from across the state for a discussion on the
key issues you are facing this school year.*

Thursday, September 17th at 4:00

Free but registration required

<https://www.eventbrite.com/e/118621663589>



Mildred "Mit" Joyner, DPS, MSW, LCSW
Keynote



Jonathan White, Ph.D., LCSW-C, CPH



Kathryn M. Audette, MSW

OCTOBER 5TH 8:30 - NOON

Social Work Symposium

A MORNING OF SOCIAL WORK UNITY
VIA LIVE WEBINAR



National Association of Social Workers

MAINE » NEW HAMPSHIRE
VERMONT CHAPTERS

[information & registration](#)

<https://www.eventbrite.com/e/118382099045>

**\$35 NASW MEMBERS-CEUS/\$60 NON-MEMBERS-CEUS
\$25 NON-MEMBERS NO CEUS/FREE FOR STUDENTS OR MEMBERS NO CEUS**

NASW 2020 Virtual Forum Series: Advancing Racial Equity

The 2020 Virtual Forum Series will take place over a 5-week span beginning September 29. Each day will cover a different topic, provide attendees the opportunity to earn a total of 15 live CEs, include access to the Virtual NASW/NASW Foundation Awards Program, and access to Forum Series Session recordings to review and refresh your knowledge.

September 29 – Addressing Racial Equity Presentation | Keynote Address

October 6 – The Intersection of Ethics & Racial Equity| Racial Equity Through the Clinical Lens

October 13 – Cultural Competency & Racial Justice: Working to Undo Racism

October 20 – 2020 Election Forecast| Voter Suppression

October 29 – Immigration and Refugees | The Way Forward: Be a Part of the Solution

October 29 - NASW/NASW Foundation Awards Program

<https://naswvirtual.socialworkers.org/>

NASW Demands End to Excessive Use of Force by Law Enforcement

Aug 26, 2020

Continued Deaths of Black Men at the Hands of Police Must Stop

Washington, DC — In the wake of the senseless shootings of both Jacob Blake in Kenosha, Wisconsin, and Trayford Pellerin in Lafayette, Louisiana, it is clear to the National Association of Social Workers (NASW) that Congress must immediately pass legislation that implements national use of force standards by police. NASW also calls on Congress to mandate that all law enforcement agencies follow those standards.

We also insist on immediate reforms in emergency response policies.

Police shot Mr. Blake seven times in the back while three of his children looked on. It seems likely that he will be paralyzed for the rest of his life. The most problematic aspect of this, and other similar violent police encounters, is that the victims posed no apparent public safety threat to individuals or the community. That he was shot in the back is evidence that Mr. Blake posed no direct threat to the officers. Clearly the police had alternative options to managing the situation other than excessive force resulting in severe lifelong disabilities.

Almost completely overshadowed by the Kenosha shooting is the death of Mr. Trayford Pellerin at the hands of the Lafayette, Louisiana, police only a few days prior to the Kenosha incident. The officers responded to a disturbance by a man allegedly carrying a knife. Mr. Pellerin, who was at the scene, fled. He was tased and shot over 10 times while walking away. Mr. Pellerin died a short time later. Again, it is unclear as to what crime Mr. Pellerin committed prior to this lethal encounter.

No words of concern on the part of NASW will heal Mr. Blake's wounds or restore Mr. Pellerin's life. However, we must express as vehemently as possible that this senseless bloodshed must end.

The tragic outcomes of both most recent police encounter incidents could have been avoided by using arrest diversion, de-escalation tactic, and alternative responder strategies.

The National Association of Social Workers (NASW), in Washington, DC, is the largest membership organization of professional social workers. It promotes, develops, and protects the practice of social work and social workers. NASW also seeks to enhance the well-being of individuals, families, and communities through its advocacy.



Visit MyNASW

MyNASW is a virtual community where you can learn from peers, share your knowledge and grow your connections. Post questions and participate in discussions. Find colleagues using the member directory. Browse resources shared by NASW staff and other members.

[Visit www.socialworkers.org](http://www.socialworkers.org) to get started

Not getting emails from NASW ME?

Update Your Member Profile

Your NASW member profile helps you stay connected and ensures that you receive your full benefits. By keeping your contact information and practice profile up-to-date, you help NASW pinpoint the resources and support you need throughout the year. This information also helps us advocate nationally and locally for you, the profession, and the clients you serve.

[Visit www.socialworkers.org](http://www.socialworkers.org) to update your NASW profile



If you are seeing clients via telehealth who are in other states, please keep current with the interstate licensing regulations on the [ASWB COVID19](#) website. If you click on “regulatory provisions” you can access the state by state drop down to see the latest information. While many states now allow for interstate telemental health, some licensing boards require registration.

Thank You for Your Advocacy!

Over the past several weeks, we have called upon you to advocate for audio-only psychotherapy for Medicare beneficiaries. Clinical social workers can now receive Medicare reimbursement for psychotherapy services provided via audio-only devices such as landlines during the Coronavirus Disease (COVID-19) public health emergency. This is thanks in large part for your advocacy with Congress and the Administration through the NASW Advocacy Listserv. You can see NASW's [press statement](#) on this victory on our website.

NASW has been active in its advocacy advancing racial equity and antiracism.
www.socialworkers.org

NASW ME posts its advocacy alerts on our website - <https://naswme.socialworkers.org/Advocacy/Testimony-and-Action-Alerts>

COVID-19 and Student Loan Management

Free Student Loan Aid Tool to Reduce or Eliminate Payments During the COVID-19 Pandemic

NASW’s student loan technology partner, [Savi](#), has teamed up with Student Debt Crisis, the nation’s leading nonprofit student loan advocacy organization, to offer free assistance to student loan borrowers to apply for income-driven repayment (IDR) plans if they or their spouses get laid off or their income is reduced as a result of COVID-19.

The [COVID-19 Student Loan Aid Tool](#) automates applying for IDR plans, potentially reducing or eliminating student loan payments for up to 12 months at a time for those whose income has gone down. As a result of the pandemic, the Trump administration has begun waiving interest on federal student loans—but not reducing monthly payments. Reducing or eliminating payments will not rack up extra interest during the crisis.

IDR is an existing option for borrowers, and loan servicers can usually implement the new payment level in about two weeks—but the application process can be confusing, time-consuming, and prone to delays due to data entry and filing errors. This tool leads borrowers through a simple process and files the application for them.

CASE STUDY- ETHICS

Rachel Stephenson LCSW, ACSW

I worked 28 years as a therapist working with school aged children; ages 6-15 years old. As I lived in a rural community the one Code of Ethics I encountered frequently was: 1.06c Conflicts of Interest. “(c) Social Workers should not engage in dual or multiple relationships with clients or former clients in which there is a risk of exploitation or potential harm to the client. In instances when dual or multiple relationships are unavoidable, social workers should take steps to protect clients and are responsible for setting clear, appropriate, and culturally sensitive boundaries. (Dual or multiple relationships occur when social workers relate to clients in more than one relationship, whether professional, social, or business. Dual or multiple relationships can occur simultaneously or consecutively.)”NASW Code of Ethics; www.socialworkers.org, 2017.

So, let’s take a look at a couple of examples that may or may not be dual or multiple relationships.

Case Example 1: LCSW in private practice working in the school system. The LCSW was referred a teenager who attended the same church as the LCSW. The LCSW aware of a potential conflict met with the teenager and her mother. During this initial visit the idea of a dual relationship was discussed. Both the teenager and the mother acknowledged the potential conflict but felt that the benefits out weighted the negatives and wished to move forward with the therapy relationship. Both the mother and client were aware of the LCSW and her therapy techniques. Therapy took place for approximately the next two years. The teenager made progress in therapy.

Can you see what the two relationships are? Does this meet the definition of a dual relationship?

Case Example 2: LCSW in private practice working with adults and children. The LCSW was referred a school aged client who was in 3rd grade. The school aged client was seen in school and occasionally at the father’s home. Family therapy became a part of the school aged client’s treatment plan. The school aged client’s mother did not want to participate in therapy but did meet with the LCSW once. The school aged client was seen for weekly therapy for approximately 1 1/2 years. The school aged client’s mother did not feel that her daughter needed therapy and wanted therapy stopped. The LCSW complied and stopped the therapy. Shortly after, the school aged client’s father was referred for therapy and developing new parenting skills. Six to eight months later while working with the father, the LCSW was subpoena to court. The father had gone to court to get his children back because his ex-wife did not return the children to him after one of her visitations. The court ruled in the father’s favor. He got his children back and eventually got sole custody. The day the judge ruled in his favor he was told to go pick up his children at his ex-wife’s house. The father wanted some support as he went to pick up his children which would include the previous school aged client of the LCSW. He was unable to get the case manager for the children from DHHS to go with him and the police refused to get involved. The LCSW agreed to accompany him but only for support. The LCSW would not be getting out of the car. The father was grateful for this support. The former school aged client was in the yard when the LCSW arrived. No contact was made with the former school aged client.

Are there any dual or multiple relationships? (Refer to the definition of dual relationship.)

What are the dual relationships, if any?

Do you see any other possible ethic violations, if so, what are they?

I hope that this exercise gets you thinking; it is meant to be thought provoking. These are some examples of ethical situations social workers may find themselves in every day, particularly if you work with children. Unfortunately, there are always gray areas and so it is not always easy to figure out a plan for moving forward. Best practice involves supervision or peer consultation to get the perspectives of your colleagues. Document your decision making process and the steps you took to come to your conclusion. You often find many unique and differing opinions on how to proceed.

BRANCH AND COMMITTEE MEETINGS

Branch A: Cumberland and York Counties

Homeless Resources and Challenges in the Greater Portland Area, pre and post COVID 19
Presented by Malia Haddock RN-Program manager at the Portland Learning Collaborative and Homeless Partners in Preble Street
Wed. Sept. 23rd, 5:30-7pm, Ceu's available

Register at <https://www.eventbrite.com/e/branch-a-meeting-presentation-tickets-118949738871>
FMI: Contact Branch A Chair Mara Larkin at LARKIM1@mmc.org

Branch B: Kennebec, Knox, Lincoln, Sagadahoc and Waldo Counties

Welcome Carol Huntington as the Branch B Chair.
A zoom presentation will be held Oct. 15, 7:30am on Zoom. Topic will be Alzheimer's and Dementia.
FMI: Contact Branch B chair Carol Huntington at carolleehuntington@gmail.com

Branch C: Androscoggin, Franklin, Oxford

Chair: Vacant

Branch D: Aroostook

Chair: Vacant

Branch E: Hancock, Penobscot, Piscataquis and Washington

FMI: Contact Cyndi Sturm at cedsturm24@gmail.com

NASW-MAINE CHAPTER BRANCHES

BRANCH A - CUMBERLAND AND YORK
CHAIR: MARA LARKIN

BRANCH B - KENNEBEC, KNOX, LINCOLN, SAGADAHOC AND WALDO
CHAIR: CAROL HUNTINGTON

BRANCH C - ANDROSCOGGIN, FRANKLIN, OXFORD AND SOMERSET
CHAIR: VACANT

BRANCH D - AROOSTOOK
CHAIR: VACANT

BRANCH E - HANCOCK, PENOBSCOT, PISCATAQUIS AND WASHINGTON
CHAIR: CYNDI STURM

ATTEND YOUR BRANCH MEETINGS:
NETWORKING OPPORTUNITIES!!!
EARN CEs
FREE FOR NASW MEMBERS AND \$25 PER CREDIT HOUR FOR NON-MEMBERS

NETWORK WITH COLLEAGUES



COMMITTEE NEWS

NASW LGBTQ+ Advocacy Committee

The **NASW LGBTQ+ Advocacy Committee** meets 4x per year to discuss practice issues and advocacy needed to support LGBTQ+ Mainers and social workers. The next meeting is not scheduled. We will be holding a meeting for current and past members (and others who express interest, please let us know) to discuss how the history and impact of this committee on diversity questions, issues, and advocacy in the past, as we consider the development of a dedicated NASW Maine - diversity and inclusion practice and or advocacy committee. We will send this meeting announcement to all members when it is set.

Please email Brandy at NASWMEChapterPres@gmail.com to be added to the google group and receive the link for the June retreat and planning meeting.

In the meantime, here are some resources to help you support LGBTQ+ clients:

The Trevor Project has several direct online resources specifically for LGBTQ youth: Trevor Lifeline is a crisis intervention and suicide prevention phone service available 24/7 at **1-866-488-7386**. TrevorChat is a confidential online instant messaging with a Trevor Counselor, available 24/7, at trevorproject.org/get-help-now/. TrevorText is confidential text messaging with a Trevor Counselor, available 24/7/365, by texting START to 678678. TrevorSpace is an affirming international community for LGBTQ young people ages 13-24 available at trevorspace.org

Trans Lifeline provides peer support to transgender people across the US and Canada at **(877) 565-8860**. They provide peer support in English and Spanish. They also have a Family & Friends line. <https://www.translifeline.org/hotline>

LGBT National Help Center has opened up hotlines (separate lines for youth and seniors), chatrooms, peer support, and resources for LGBT people <https://www.glbthotline.org/>

Many **PFLAG** chapters are meeting virtually or providing 1:1 virtual support for parents/guardians or LGBTQ youth. Go to pflag.org/find to look up the PFLAG chapter in your area and reach out by phone, email or on social media to learn more.

MaineTransNet has several virtual support and social groups: <http://www.mainetransnet.org/online-support> These groups are generally better for 18+ but they do have several specific to young people as well as a discord server set up with different social opportunities and connection, including a gaming group, crafting corner, cooking. <https://www.mainetransnet.org/socialize>.

EqualityMaine has launched online youth meetings. Links and events are best accessed from their Facebook page. This is geared LGBTQ+ youth -Several times a week, alumni of their New Leaders Project will be leading discussions with other youth to share concerns, vent frustrations, and learn about what resources are available to them while social distancing. For more information or to join, click here: <https://forms.gle/1sLaWBXBhi5BULGw8>

The EqME SAGE Calling program: volunteers make real in-person weekly check-in phone calls to real in-person older persons in our LGBTQ community. <https://equalitymaine.org/>

NASW Maine Policy Committee

The policy committee has been identifying issues and actions of importance for NASW Maine members for this fall and are waiting until after the elections to work with state legislators to identify policies that advance social justice issues and social work professional issues. As we identify our legislative priorities for the next legislative session, we invite any of you to identify two or three priority issues, what change is needed, how to change it, and what personal or organizational resources and relationships may be available to help NASW Maine by October 1st. Email Julie Schirmer at naswmechaptersvp@gmail.com.

Issues of current importance are posted on the NASW Maine website and facebook pages and include:

- Supporting Families with Back to School Children - We are collaborating with Maine Women's Lobby, Maine Educators for Young Children, Maine Equal Justice and Maine Children's Alliance to advocate with our federal senators to support families through voting for the HEROES Act and the Child Care Subsidies. <https://naswme.socialworkers.org/LinkClick.aspx?fileticket=2AkIOTAYHyM%3d&portalid=27>

- Getting out the Vote – multiple organizations are working to get out the vote in close election states. Check out the [NASW](#), [Swing Left](#), and [Vote Forward](#) websites for what you can do between now and November 3rd.

- Getting out the Census – our electoral votes and social service subsidies are based on our population. Maine lags behind the rest of the country in percentage of people completing the Census. The Census ends on September 30th. So urge family, friends and clients to complete their questionnaires by going to: <https://my2020census.gov/>

The NASW Maine Chapter Policy Committee meets at noon on the third Tuesday of every month with the next meeting scheduled for Tuesday, September 15th via Zoom at: <https://us02web.zoom.us/j/82138309238?pwd=UytBcjBpL1dxKzBPN0ZlOUk4ejJkQT09>

Links:

NASW Increasing Voter Participation: <https://www.socialworkers.org/Advocacy/Social-Justice/Increasing-Voter-Participation>

Vote forward: <https://votefwd.org/>

Swing Left: <https://swingleft.org/take-action?location=04105&s=u>

For more information about the recent Action Alert or the activities of the Policy Committee, email Julie Schirmer, Chair of the Policy Committee at naswmechaptersvp@gmail.com



NEW NASW Maine Members



Molly Adams	Faith Baker	Jody Bell	Rachel Benson
Garrett Boardway	Melanie Brown	Christina Cook	Elizabeth Cunningham
Allyson Denault	Emilie Disney	Caitlin Dowd	Cheryl Figliolini
Emily Fortin	Katherine Freeman	Jasmine Gordon	Brian Holmes
Karen Kennedy	Rebecca Kurtz	Kimberlee Lamothe	Barbara Mainguy
Meaghan Martin	Lydia Martzial	Leah Maxwell	Lila Maycock
Kelly McCarthy	Victoria Nevens	Corinne O'Connor	Dariya Polyakova
Kristen Smith	Melissa Spizuoco	Marie Sutherland	Jacob Wisecup
Kim Young			

Greetings and welcome new members. Thank you for recently joining the NASW Maine Chapter.

You are now eligible to join committees, vote in Board elections, attend Board meetings and participate in Continuing Education activities at member discounts.

Please call the Maine Chapter at 207-622-7592 if you'd like to serve as a resource expert for the Chapter.



Exciting New Job Opportunity
Part-time, fully remote
Health Education Program Specialist

The Lunder-Dineen Health Education Alliance of Maine (Lunder-Dineen) is currently looking for a Health Education Program Specialist. Lunder-Dineen, a program of Massachusetts General Hospital, is a one-of-a-kind health education program that links an academic medical center with a neighboring state. The program is charged with improving the health and well-being of residents in Maine by addressing gaps in continuing education and public health and advancing the skills and expertise of health care professionals in these areas.

The Health Education Program Specialist will be a key member of the Lunder-Dineen team reporting to the Senior Program Manager. The position will be responsible for working with the Senior Program Manager in the implementation of the three Lunder-Dineen flagship educational programs.

The Health Education Program Specialist implements new educational programs and health initiatives to ensure the advancement of Lunder-Dineen strategic goals and objectives. The position incorporates effective teaching strategies into programs to support a diverse group with different learning styles, educational backgrounds and experience levels. Develops and continuously evaluates systems and supports to aid in the teaching of health care professionals. The position will work alongside the Senior Program manager as the face of Lunder-Dineen in Maine. The position calls for highly sophisticated relationship-building, project management, program implementation, program execution, and communications skills. Expertise in teaching and/or continuing education is required as the position will be responsible for facilitating in person or virtual workshops for each program. The ability to manage several competing project streams across the signature programs is required. The position will also work closely with the Program Coordinator on administrative aspects of program implementation such as assistance with collateral materials and logistical meeting support.

The Health Education Program Specialist must have experience in working collaboratively with interprofessional health care teams across settings. Mastery in relationship building with the various constituencies of our program practices is a critical component of this role.

The position will be based in Maine and required to have an intimate understanding of the landscape, culture and people. The position will need to plan and execute a work schedule that incorporates extensive in state travel to Lunder-Dineen partner organizations and sites, and comfort and experience with utilizing remote technology particularly.

Candidate is required to have a minimum of a Bachelors degree, Masters degree is preferred. 5-7 years previous experience in health education, program implementation and program execution experience. Experience in presenting to various interprofessional health care teams across settings.

The Health Education Program Specialist will spend 100% or more of their time in Maine traveling across the state to Lunder-Dineen practice sites and prospective practice sites. Experience with remote work technology and videoconferencing will be an essential part of the position. Depending on travel restrictions, this position may be required to travel at least one overnight per month.

For more information about this exciting new opportunity and to apply online, please visit our website www.massgeneral.org/careers and search for job ID # 3128456.



Imagine the Possibilities

We have openings across our healthcare system for Licensed Clinicians at all levels. Our teams of clinicians provide excellent care using innovative treatment modalities in areas that include Integrated Behavioral Health, Individual and Group Outpatient Services, Med Assisted Treatment Programs, Pediatrics, & Home Care & Hospice!

- LCSW
- LMSW
- LMSW-cc
- LSW
- LCPC
- LCPC-c
- LADC/CADC

Excellent work among excellent colleagues providing dynamic and innovative programming to the clients we serve.

Competitive benefit package including several health plans, medical spending accounts, dental, life and disability options.

Generous earned time program.

Retirement plans with potential for employer contributions

Apply online by visiting www.mainehealth.org/Pages/Careers.aspx

Contact recruitment@mainehealth.org or call Jeremy Dube, Recruiter at 207-861-3423 with Questions



Chief Operating Officer (COO)

SeniorsPlus is recruiting for the full time position of Chief Operating Officer (COO). SeniorsPlus is a large non-profit working to support older and disabled adults to live independently at home. This Lewiston Maine based position is responsible for providing strategic leadership for the organization by working with the agency chief executives, board of directors, advisory council and other management staff to establish long-range goals, strategies, plans, and operating systems. Reporting to the Chief Executive Officer (CEO), the COO is responsible for leading and managing a comprehensive array of services and programs delivered across the State including all activities pertaining to program rules and regulations, licensure, human rights, personnel, finance and contracts. Reviews ongoing basic services being offered and develops new programs as needs emerge. Also responsible for developing, implementing, and managing the program aspects of the 20 + million annual budget in conjunction with the CFO, CHRO and CEO.

QUALIFICATIONS include: Bachelor's degree (B.A./B.S.) in Social Work, Gerontology, Human Services or related field (Masters degree a plus) with a minimum of 10 years professional/management experience with a minimum of ten years of senior leadership experience supervising seasoned staff/teams, overseeing large program budgets and operating multiple human services programs across a broad geography. Familiarity with Older Americans Act programs and Long Term Services and Supports a plus.

Executive leadership skills, strategic thinker, strong financial management and project management skills are essential. A demonstrated knowledge of Microsoft office software and comprehensive database system capabilities is critical.

Interested candidates should submit a letter of interest including salary requirements and resume to: jobs@seniorsplus.org or:

Human Resources

SeniorsPlus

8 Falcon Road

Lewiston, ME 04240



Seeking Exceptional People to Make an Exceptional Impact!

Full-Time Benefits Eligible Openings :
Clinicians- Home and School Based
BHP's- Home and School Based
Behavioral Analyst Technicians
Care Coordinators

Join a team of people who:

- Makes a difference in someone's life.
- Makes connections easily and have a desire to help people.
- Takes a thoughtful and understanding approach to their work.
- Are open to solving problems and think quickly on their feet.
- Have exceptional skills in communicating.

Our Team:

Pathways team members are committed to promoting a positive culture within our teams and communities. Our Service Committee and Employee Advisory Committee are just two of the ways that we invite our teams to support each other. When you join us our goal is to ensure you have the training, mentoring and experience to feel supported in the work you do.



We are the best at what we do!

Treatment Approach:

Pathways team members are committed to providing evidence based practice models including Applied Behavior Analysis (ABA), strengths-based treatment, developing therapeutic relationships and effective skill-building interventions.

Your Opportunities:

We are committed to your growth and development. We have an opportunity for you to advance in the position that you start in within your first year of hire through our level system. We work with our team members to set goals for their professional and personal development and check in on those goals in supervision. We encourage you to learn and grow with us!

Contact us to apply:

Stephanie Wiehn, Director of Recruitment, Learning and Team Dev.
Tel: 207.373-0620 x 223
Email: Stephanie.Wiehn@pathways.com

Like us on Facebook: <https://www.facebook.com/PathwaysofMaine/>



Check out our Benefits!!!

- * 25 Paid Days Off!
Rollover options for Vacation and Sick Time
- * 401 K
- * Health Insurance
- * Paid mileage
- * Training
- * Certifications
- * High quality supervision
- * Competitive pay with built-in incentives for meeting and exceeding performance.

Meet Us Virtually for an interview to learn more about what we do!



Start your career story today, join Pathways!

Check our website @ www.pathwaysofmaine.com

Clinicians needed from Saco to Belfast!

Join our team!

Medical, dental
and vision benefits
with company
contribution

403(b) retirement
plan with company
match

Reimbursement for
clinical licensure,
exams and renewals

Mileage
reimbursement

Paid Time Off

Have you ever wanted to be a superhero? Make a difference in the life of an adult or child by joining one of our compassionate teams as a Clinician and become a real life superhero!

We're currently hiring School-based Clinicians across Maine, Crisis Clinicians in Lewiston (adult) and Saco (child), as well as Day Treatment Clinicians in Belfast. School-based positions are fee for services. Crisis and Day Treatment positions are salaried, and include paid time off and full benefits!



What to expect:

- » Excellent training and supervision
- » Evidenced-based treatments, including training and certification in TFCBT
- » Small caseload and manageable productivity requirements
- » Modern electronic health record system
- » Residential/Day Treatment programs are based on evidenced-based practices under the support and assistance of Cornell University

All applicants must possess Maine Licensure (LCSW, LCPC, LMFT, or conditional licensure LMSWcc, LCPCc) and a valid state driver's license.

As one of Maine's most comprehensive behavioral health networks, Sweetser connects individuals to the mental health treatment and related support they need and deserve. Nationally recognized and accredited, each year Sweetser's caring and compassionate professionals connect 20,000 children, families and adults with mental health, developmental, educational and recovery services.

New graduates and seasoned professionals are encouraged to apply.

Contact Katie Schindler at 207.468.3752

Visit sweetser.org/careers for more information

BECOME A CLINICIAN AT KENNEBEC BEHAVIORAL HEALTH

Are you looking for a clinical career where you can make a positive impact in the lives of others and grow as a clinician? Do you desire a workplace that values your contribution and strives to support your potential?

Kennebec Behavioral Health has openings for master's level Clinicians in our School-Based, Outpatient, Children's Home & Community Treatment, and Multisystemic Therapy programs!

As an employee of Kennebec Behavioral Health, you will enjoy benefits such as competitive compensation, outstanding benefits, wellness programs, and cutting edge practice models.

Our Clinicians are a dynamic, knowledgeable, professional, and integral part of the KBH community. If you'd like to provide top-notch services to children and adults we want to hear from you!



Locations

Kennebec and Somerset counties and beyond



Email

Resumes@kbhmaine.org



Mental Health & Substance Use Disorder Specialists
Supporting our community with effective, innovative care since 1960

**For more information or to apply, visit our
Employment page at www.kbhmaine.org/careers**

Community Care would like to thank Social Workers across the State for their selfless dedication helping those in need during this pandemic.



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6 Years in a Row!



PROGRAM DIRECTOR

Crossroads, a highly respected nonprofit addiction and behavioral health treatment provider, is seeking a full-time Program Director to join our team. The right person for this role possesses strong leadership abilities with dedication to delivering the high quality of services Crossroads is committed to. Leading our residential substance use and eating disorder co-occurring rehabilitation programs, located in Portland Maine, this position plays a vital role in supporting the continuum of care Crossroads is nationally recognized for.

Crossroads utilizes gender responsive and trauma informed treatment models in support of a holistic therapeutic process through our continuum of care. Our staff assist clients in their recovery processes from substance use and co-occurring disorders through counseling, education, role modeling, and compassionate trauma-informed care.

Leading two residential programs, this position works closely with the Director of Residential Programs and the medical team to ensure the day to day clinical and administrative operations are aligned with agency policy and philosophy as well as state licensing and CARF standards.

Responsibilities Include (but not limited to):

- Providing leadership and direction of substance use, eating disorder and mental health programs
- Oversees and manages performance of Program Managers, Dietician and Registered Nurse
- Provides program oversight ensuring best practices are employed
- Evaluates outcome measures to assess efficacy of treatment
- Fosters organizational cohesion - strives to increase client admission, engagement and retention; oversees processes to obtain client feedback on quality of programs
- Responds to and supports the needs of the programs; assisting with administrative and clinical responsibilities to ensure policy compliance and best clinical outcomes
- Supports community outreach and engagement efforts
- Partners with stakeholders at all levels ensuring organizational values and commitments are upheld and supported at all times
- Manages all aspects of program budgets
- Develops and maintains positive internal and external professional relationships
- Participates in agency, program and external meetings and committees as assigned
- Represents and communicates Crossroads philosophy and mission both internally and externally through trainings, speaking engagements, and community involvement
- Attends residential program team meetings and provides support, feedback, leadership and direction to the program staff
- Models and supports the values and commitments of the organization
- All other duties as assigned in support of organizational goals

Program Director information continued on next page.



Desired Qualifications:

- Master's Degree in Social Work, Psychology and Counseling or related area, preferred
- Clinical Licensure
- 5 years working in a clinical setting, residential setting, preferred
- 5 years minimum of demonstrated effective leadership and management
- Experience in the treatment of Substance Use Disorders, Trauma & Eating Disorders
- Excellent written, communication and leadership skills
- Ability and experience in hiring, supervising, training, motivating, and evaluating staff
- Maturity and professionalism, with a sincere desire to work with recovering individuals
- Experience and comfort with using electronic health records, email, and office software programs

Our competitive compensation package includes:

- Paid vacation – accruals starting after successful completion of your probationary period
- Paid personal/sick days – starting day 1 of employment
- 10 holidays
- 401K plan with an employer match
- Health/Dental/Vision
- Life insurance paid by employer
- Short term/ long term disability
- Continuing education and professional development allowances
- Annual organizational bonus incentives
- Eligibility for annual merit increase based upon performance

If you are looking to join a dedicated group of professionals and are inspired to have a meaningful impact on people's lives, we invite you to apply for this opportunity!

Please remit resumes and cover letters to hr@crossroadsme.org, for consideration.



Eating Disorder Residential Clinician

Crossroads, a highly respected nonprofit addiction and behavioral health treatment provider, is seeking a full-time **Master's Level Clinician** with specialized experience working within the eating disorder field.

We are proud to offer the only Women's Co-occurring Eating Disorder and Addiction Residential Program, in the State!

An ideal candidate demonstrates a strong understanding in the treatment of co-occurring disorders, family systems, and will possess strong relational qualities. This position works closely with the Director of Residential Programs and the medical team to ensure the day to day clinical care is aligned with agency policy and philosophy as well as state licensing and CARF standards. This role is an essential contributor to supporting the continuum of care Crossroads is nationally recognized for.

Job responsibilities include (but not limited to):

- Completes psychosocial evaluations
- Provides individual, group, and family therapy
- Participates in weekly clinical team meetings
- Completes proper documentation according to agency and licensing standards utilizing the organizations electronic health record (EHR)
- Develops and maintains positive internal and external professional relationships
- Participates in agency, program and external meetings and committees as assigned
- Represents, supports, and communicates Crossroads philosophy and mission
- Attends residential program team meetings and provides support, feedback, and direction to the program staff
- Models and supports the values and commitments of the organization
- All other duties as assigned in support of organizational goals

Desired Qualifications:

- Master's Degree in Social Work, Psychology and Counseling or related area
- Clinical Licensure
- 3-5 years working in a clinical setting, residential setting, preferred
- Experience in the treatment of Eating Disorders, Substance Use Disorders & Trauma
- Excellent written, communication and interpersonal abilities
- Maturity and professionalism, with a sincere desire to work with recovering individuals
- Experience and comfort with using electronic health records, email, and office software programs

More Eating Disorders info. on next

Eating Disorder continued from previous page

Our competitive compensation package includes:

Paid vacation – accruals starting after successful completion of your probationary period
Paid personal/sick days – starting day 1 of employment
10 holidays
401K plan with an employer match
Health/Dental/Vision
Life insurance paid by employer
Short term/ long term disability
Continuing education and professional development allowances
Annual organizational bonus incentives
Eligibility for annual merit increase based upon performance

Crossroads Mission Statement

Crossroads provides gender responsive addiction and behavioral health treatment in a safe and respectful environment so individuals and families can live healthy lives.

Agency Profile

Crossroads is where you would send your mother, father, sister, brother, daughter or son for outpatient or residential treatment for substance use and mental health in a comfortable, safe environment so they can remember who they wanted to be. Offering Maine’s most comprehensive treatment for behavioral health with a gender-responsive focus, Crossroads services include outpatient counseling for men, women and families and residential substance abuse treatment for women.

Crossroads utilizes gender responsive and trauma informed treatment models in support of a holistic therapeutic process through our continuum of care. Our staff assist clients in their recovery processes from substance use and co-occurring disorders through counseling, education, role modeling, and compassionate trauma-informed care.

If you are looking to join a dedicated group of professionals and are inspired to have a meaningful impact on people’s lives, we invite you to apply for this opportunity!

Please remit resumes and cover letters to hr@crossroadsme.org, for consideration.