

Caring People Make a Difference
MAINE NEWS
A Statewide Publication for Maine Social Workers



NASW Maine Chapter Newsletter

CONGRATULATIONS TO ALL OUR GRADS!



Congratulations to all our NASW Maine Student Members graduating this month.

NASW Maine is pleased to offer graduates teal NASW graduation cords this year.

Posting pictures? #naswgrad and #naswcard are being used by NASW Members all over the country - we want the Maine Chapter to be well represented!

Welcome to the Social Work Profession - we are very proud of you and your commitment to our clients and communities.

We are on Facebook!
www.facebook.com/NASW-Maine



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PRESIDENT'S COLUMN—Brandy Brown

National Association of Social Workers

NASW-Maine Chapter
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Lauren Porter

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Istanley.naswme@socialworkers.org

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www.naswmainechapter.com



Dear Members:

I am quite pleased to have the opportunity to represent our chapter as the board President for NASW Maine. Having been an active member of NASW for several years, I look forward to further work and connection with you all and I am excited about new possibilities.

I'd like to share my current vision for our chapter and give an update on the work we have been doing. I hope you will share your thoughts in response, for how you would like NASW to work for you.

I am a Clinical Social Worker, with by BSW and MSW both from University of Southern Maine. I currently in school part time, pursuing my DSW. I believe that social workers have a place at all levels of practice and I personally believe it is as important to effect macro level change as it is to navigate systems or work with individuals. I can't really think of a system, that involves people, where social workers don't belong.

Something I have been hearing, as I talk with social workers in different settings, is that quite often, social workers feel alone in their settings. This may be private practice, medical social work, or within large systems. Working in such a large and diverse state, and often carrying larger workloads than is reasonable, increases the feeling of isolation that social workers here are sharing. Even those of us who work with other social workers feel like we have no time to really connect.

It is my hope to spend my term as President by finding new (or resurrecting old) ways to connect social workers together. As I talk with people, I hear wonderful ideas- about networking events, conferences, using social media and technology, renewing committees, consultation, collaborating with the schools of social work, the list goes on. There are thousands of social workers in Maine- if folks have a minute to share some feedback, please send an email and let me know your ideas, there must be more to add to the list.

Updates-

We have quite a number of CE opportunities throughout the state- including courses on Domestic Violence. If you have a clinical license and haven't completed your 12 hours yet, these courses are really well designed. Current course offerings are listed in this newsletter.

In the past few months, we have provided testimony and support for LD1025 to ban conversion therapy for minors, and LD1010 to promote restorative justice in the public school. I have joined with other advocacy groups in asking for an audience with the Commissioner of Education to discuss better ways to support students in schools and spent some time talking with the Mayor of Portland last week. This is an exciting legislative term and an excellent time for social workers to speak up and help move things. If you come across legislative measures that pique your interest, or you think we ought to be paying attention to at NASW, let me know.

Executive positions for the board have been filled, however there are a few seats left, at Large and some of the Branch chairs. If you would like to be more involved, on the board or on one of the committees, please let me know. If you aren't sure you would be a good fit, you probably are- we want all kinds of social workers involved- different education degrees, practice settings, regions of Maine, theoretical orientation, experience levels. This is really the perfect time to get involved (or re-involved!) with NASW, helping us connect social workers to each other and to issues that matter to our profession.

It is just a pleasure to represent you all- Thank You,

Brandy

**NASW-Maine Chapter
Volunteer Leadership**

Board Committees

Continuing Education

Wendy St.Pierre

w.st.pierrephd@outlook.com

LGBTQ

Brandy Brown, Chair

Brandybrown@outlook.com

Membership Development

Jenna Mehnert

Finance

Ethics

Legislative Action

PACE

CCNLI (nominations)

Interested in volunteering?

Contact the chapter office at:
Istanley.naswme@socialworkers.org
207-622-7592 or
603-496-0994

The NASW Maine Chapter Newsletter is published 6 times per year (January, March, May, July, September, and November).

Advertising Rates:

Full page	\$210.00
Half page	\$135.00

Advertising deadline is by the 5th of the publishing month

www.naswmainechapter.com

INTERIM EXECUTIVE DIRECTOR: Lynn Stanley, LICSW



The Gift of Interns

Social workers are fantastic at perpetuating the tradition of supervising interns. I think it has something to do with the notion of paying it forward. We all were interns at one point, now we complete the circle by supervising the next generation of social workers. Personally, I love interns. I get the unique vantage points of both being a supervisor and being a Field instructor for graduate students at UNH. Since I started at the NH Chapter, I have had a constant cycle of interns. This May, I am delighted to have three MSW students from the University of Maine starting their first-year internships at the Maine Chapter. Is it a lot of work? Absolutely. But I find the rewards far outweigh the time commitment.

Interns are a constant reminder of social work fundamentals. There is a weekly discussion and subsequent application of the mission and values we hold. Supervisors constantly reference our *Code of Ethics* and help interns put this code into practice. Interns challenge our thinking and make us put into words why we make the decisions we make. Having to explain the boundaries we set, the ethical decisions we make, and the best practices we utilize make us better social workers. In turn, we are helping to shape the future of social work. Our clients and communities benefit from this knowledge and experience sharing. I know I learn and re-learn every day I spend with social work students.

As a field instructor for MSW students at UNH, I'm reminded of all the various and diverse settings in which social workers work. I'm constantly amazed at the depth and breath of their learning opportunities. I'm also slightly amused at no matter how different the internship experiences, the basics of social work - relationship building and attention to environments and systems remain the same.

Many years ago, when I worked at Casey Family Services, being assigned an intern was considered an honor and a recognition that you were a skilled and "proven" social worker. Being asked to supervise a social work student should never be taken begrudgingly. Are we busy? Of course we are. But I find having interns expands my bandwidth. Commitment builds capacity.

Aside from shaping the social workers of tomorrow, interns build organizational capacity. Our Chapter will be able to do so much more for our Members and the social work profession because of our interns. Your organization can see more clients, create additional resources, and build-up communities more efficiently with the help of interns. Interns look at what we are doing and ask questions about why we are doing it that way. Fresh eyes often see new opportunities. We benefit from looking at new and innovative ways to tackle challenges or make client experiences better. Organizations also potentially benefit from hiring new employees who already have almost a year's worth of experience under their belts.

So thank you to all interns out there – remember there will soon come a time when you are asked to answer the call. To all the intern supervisors, thank you for paying it forward.

Visit MyNASW



MyNASW is a virtual community where you can learn from peers, share your knowledge and grow your connections. Post questions and participate in discussions. Find colleagues using the member directory. Browse resources shared by NASW staff and other members.

[Visit www.socialworkers.org](http://www.socialworkers.org) to get started

Not getting emails from NASW ME?

Update Your Member Profile

Your NASW member profile helps you stay connected and ensures that you receive your full benefits. By keeping your contact information and practice profile up-to-date, you help NASW pinpoint the resources and support you need throughout the year. This information also helps us advocate nationally and locally for you, the profession, and the clients you serve.

[Visit www.socialworkers.org](http://www.socialworkers.org) to update your NASW profile

Competence to Address Suicide Prevention and Intervention: A Vital Social Work Skillset

**Greg Marley, LCSW
Clinical Director,
NAMI Maine**

Over the past decade the US has seen significant increase in suicide rates in almost every age group across the lifespan. Following a period of declining suicides, rates began rising by 1% per year after 2005 and increased to 2% per year after 2010. Suicide among youth aged 10-14 rose by 130% for the decade ending in 2017 and increased by 50% between ages 15-24.

Suicide is a traumatic and tragic end to life, and a mostly preventable tragedy. A suicide crisis is typically transient and treatable. For those who make a suicide attempt, even an attempt requiring medical care in an emergency department, 90% or more reconnect to their lives and do not go on to die by suicide. The practice skills and confidence to identify risk and to intervene with someone in a suicidal crisis can save a life.

Professional social workers in clinical and community settings will interact with people who are suicidal. More than 16% of Maine high school students reported seriously considering suicide over the previous year according to the 2017 Maine Integrated Youth Health Survey. More than 4% of US adults reported serious suicidal ideation in 2017 (NIMH, 2019). Whether your work is provision of clinically based services as an LCSW, case management or non-clinical services as an LSW, or administrative/macro practice as a LMSW, you are very likely to be addressing the needs of people who may live with increased suicide risk.

Because suicide remains one of the more stigmatized topics, it is difficult for someone to openly admit their own suicidal thoughts and risk. As social workers must be active in our query and our intervention, and that requires training and practice to improve knowledge, comfort, confidence and skills relates to suicide prevention, intervention and management. Unfortunately a number of studies over the past 2 decades consistently show that most social work education and training programs, even at the graduate level, fail to offer more than minimal education in the assessment and management of suicide risk. And for those social workers who have completed their formal education in the past, it is vital to keep abreast of the emergent and best practice applications of suicide prevention, assessment and management available through continuing education workshops and classes. The emergence of Collaborative Safety Planning as a best practice process and tool to support management of ongoing suicide risk is just one example of an area of growth across the field. Education about, and access to many of the best instruments for identification and assessment of suicide risk are available through the Maine Suicide Prevention program and through NAMI Maine as the training partner of the program. Workshops for clinicians on Suicide Risk Assessment, Collaborative Safety Planning and Non-Suicidal Self Injury are offered in many Maine locations each year. Non-clinical Suicide Prevention Gatekeeper training and practice-based Lunch and Learn sessions are available for both clinicians and non-clinical professionals.

A complete listing of trainings can be found at [NAMI Maine](#) or by emailing the Suicide Prevention Training Coordinator at MSPP@namimaine.org. Because suicide prevention is up to us all.

NASW Maine Chapter - UPCOMING CE OPPORTUNITIES

Social Morality for Social Workers - Ethics – Clifton Guthrie – Bangor - May 31st

Domestic Violence workshop June 7th & 14th in Saco. (now closed)

Just in Case: Ethically Preparing Your Designated Client Files Recipient – Barbara Meyers – live webinar – August 8th

Psychosocial Assessment – Wendy St. Pierre – Waterville—Aug. 16th

Domestic Violence— September in Augusta—dates to be announced

Becoming a Clinical Wizard – Bette Freedson – Kittery - Sept. 27th

Writing as a Therapeutic Tool – Barbara Meyers – Saco – October 18th

Working with the Hard to Reach Client – Shulman – TBA

Supervision – Shulman – TBA

Art & Science – Shulman - TBA

new risk management webinar ***“Technology in Social Work Practice: Standards of Practice,”*** from the Standards for Technology published by NASW, CSWE, ASWB, & CSWA in 2017; brought to you courtesy of the NASW Risk Retention Group and NASW Assurance Services, Inc.

<https://naswinstitute.inreachce.com/Details/Information/da618e9f-3dec-4ded-b398-5e1e7db28b11>

One-Day Social Work License Exam Prep Course

<https://swes.net/event/8-june-2019-nh-tbd/> UNH, Durham NH

Saturday, June 8th

Registration includes all sorts of great test-prep resources!

Trauma Through the Social Work Lens

<https://virtualforum.socialworkers.org/>

2 Days | 8 CE's | 12 Sessions

Registration is open for the 2019 Virtual Forum on Trauma. Join us live, June 19 & 20, 12:00pm - 5:00pm (EST) to access cutting-edge education presented by leaders in the field on topics covering clinical practice, child welfare, elder abuse, self care and more as they relate to trauma in a social work setting. This two-day program will be live-streamed from the NASW National Office and you will be able to view it from your home, your office, or mobile device.

A new product from the NASW Clinical Team, “Advocating for Clinical Social Workers in Aging, Behavioral Health, Child Welfare, Clinical Social Work, Health, and School Social Work” <https://www.socialworkers.org/LinkClick.aspx?fileticket=WTauVOC1zd0%3d&portalid=0>

The State Board of Social Work Licensure is accepting applications for new Board members.



Please direct all inquiries and letters of interest to:

Kristina M. Halvorsen
Regulatory Board Administrator
Maine Department of Professional and Financial Regulation
Office of Professional and Occupational Regulation
Mailing: 35 State House Station, Augusta, ME 04333
Location: 76 Northern Ave., Gardiner, ME 04345
Direct Line: 207-624-8420
Email: Kristina.M.Halvorsen@maine.gov
Receptionist: 207-624-8603
Hearing Impaired/TTY: Maine relay 711
Website: www.maine.gov/professionallicensing

2019 schedule of "An Hour with Private Practice" announced

The 2019 schedule for the popular "An Hour with Private Practice" has been announced. "An Hour with Private Practice" is a free, question and answer call-in session for NASW members who may have specific questions or concerns about an issue in private practice.

The program is held every third Wednesday of the month from noon to 1:00 pm ET. No preregistration is required and members can join in the discussion, ask questions, and make comments. These sessions provide members with important clinical social work updates impacting the delivery of mental health services in a private solo or group practice.

Please [visit this link](#) for more information and the 2019 schedule of programs.
www.socialworkers.org

NEW NASW Maine Members



Alexander Aponte

Anne Bianconi

Peggy Breault

Tim Fuller

Rosemary Mason

Branden Ananis

Megan Daudelin

Jennifer Hanic

Carrie MacLeod

Brandon Pelletier

Ann Ray

Bianca Shurchio

Jennifer Holesha

Darin Knapp

Benjamin Knapp

Sharon Mariner

Shannon Pettit

Celeste Reed Hanish

Bianca Santiago

Greetings and welcome new members. Thank you for recently joining the NASW Maine Chapter.

You are now eligible to join committees, vote in Board elections, attend Board meetings and participate in Continuing Education activities at member discounts.

Please call the Maine Chapter at 207-622-7592 if you'd like to serve as a resource.



ART OF AWARENESS



Join Our Therapy Practice

Due to high demand for our services, we are hiring Full-Time, fully Licensed, LCSW's or LCPC's mental health providers. (Conditionally licensed providers with experience, may be considered.)

Art of Awareness offers a competitive pay scale, health and dental insurance, a very supportive team, high quality supervision, monthly clinical trainings, a yoga studio, and a fun place to work and grow.

Art of Awareness Wellness Center is run by a collaboration of therapists. Located in the Knightsville neighborhood of South Portland, Maine, our offices overlook the Fore River and Casco Bay Bridge.

Our center houses a psychotherapy practice offering individual, family, couples therapy, and group therapy. We also have an Intensive Outpatient Program (IOP), as well as a yoga studio, Bridge Studio, and a Clinical Training Institute.

Applicants must be able to utilize trauma-informed therapy practices. Knowledge of eating disorder treatment is preferred, but is not required.

This position will require applicant to provide services to individual clients, families and groups. **Saturdays and some evening hours required.**

All interested individuals, please email your resume and cover letter to Ida O'Donnell, LCSW at info@artofawareness.org and visit our website artofawareness.org for more information.



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Lend a hand on our team!

Full-Time Benefits Eligible Openings

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Clinicians- Home and School Based.

BHP's- Home and School Based.

BCBA's

Join a team of people who:

- Makes a difference in someone's life.
- Makes connections easily and have a desire to help people.
- Takes a thoughtful and understanding approach to their work.
- Are open to solving problems and think quickly on their feet.
- Have exceptional skills in communicating.

Our Team:

Pathways team members are committed to promoting a positive culture within our teams and communities. Our Service Committee and Employee Advisory Committee are just two of the ways that we invite our teams to support each other. When you join us our goal is to ensure you have the training, mentoring and experience to feel supported in the work you do.



2018 Leadership Course Team

Treatment Approach:

Pathways team members are committed to providing evidence based practice models including Applied Behavior Analysis (ABA), strengths-based treatment, developing therapeutic relationships and effective skill-building interventions.

Your Opportunities:

We are committed to your growth and development. We have an opportunity for you to advance in the position that you start in within your first year of hire through our level system. We work with our team members to set goals for their professional and personal development and check in on those goals in supervision. We encourage you to learn and grow with us!

Contact us to apply:

Stephanie Wiehn, Director of Training, Learning and Team Development

Tel 207.373-0620 x 223

Email: Stephanie.Wiehn@pathways.com



Check out our Benefits!!!

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*** Paid mileage**

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*** Certifications**

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*** Competitive pay with
built-in incentives for
meeting and exceeding
performance.**

**Come meet us at career events all
across Maine!**



Start your career story today, join Pathways!

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Check our website @ www.pathwaysofmaine.com



Imagine the Possibilities

We have openings across our healthcare system for Licensed Clinicians at all levels. Our teams of clinicians provide excellent care using innovative treatment modalities in areas that include Integrated Behavioral Health, Individual and Group Outpatient Services, Med Assisted Treatment Programs, Pediatrics, & Home Care & Hospice!

- LCSW
- LMSW
- LMSW-cc
- LSW
- LCPC
- LCPC-c
- LADC/CADC

Excellent work among excellent colleagues providing dynamic and innovative programming to the clients we serve.

Competitive benefit package including several health plans, medical spending accounts, dental, life and disability options.

Generous earned time program.

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Apply online by visiting www.maine-general.org/Pages/Careers.aspx

Contact recruitment@maine-general.org or call Jeremy Dube, Recruiter at 207-861-3423 with Questions



Excellence in job satisfaction



Excellence in service delivery

COME JOIN OUR TEAM!

Hiring Licensed Clinicians to support children, adults and families within our outpatient clinic, schools, and homes.

Hiring Licensed Social Workers to provide support to families in our Alternative Response Program.

Visit us at <http://www.comcareme.org/Careers/OpenPositions.aspx> to learn more or email hr@comcareme.org

**MASTER'S LEVEL CLINICIANS
NURSE PRACTITIONERS
PSYCHIATRISTS
RESIDENTIAL SUPPORT
CASE MANAGERS**

As one of Maine's leading behavioral healthcare organizations, Kennebec Behavioral Health strives to provide top-notch services to children and adults in Kennebec and Somerset counties and beyond!

As an employee of Kennebec Behavioral Health, you will enjoy benefits such as:

- competitive compensation,
- outstanding benefits,
- wellness programs
- and cutting edge practice models.

KBH offers multiple health plans with added wellness benefits including massage therapy, acupuncture and gym reimbursement. Our dental, core life and short and long term disability insurances are free for employees!

Other benefits include:

- 403b retirement with employer match,
- travel reimbursement,
- continuing education,
- generous vacation package
- and a supportive work environment.



Mental Health & Substance Use Disorder Specialists
Supporting our community with effective, innovative care since 1960

**For more information or to apply, visit our
Employment page at www.kbhmaine.org/careers**



FAMILY THERAPISTS: BANGOR **\$2,500 sign-on bonus!**

Just the start of an incredibly rewarding career move

Be a part of the only agency in Eastern and Central Maine providing Functional Family Therapy (FFT), an evidence-based, home-based family therapy program that is helping transform the lives of troubled children and families here in Maine.

We'll keep you up to date with the latest FFT training and supervision while you'll gain unprecedented experience meeting families in their homes, participating in team meetings, and collaborating with local providers. In addition to tools like iPhones and laptops, you'll also enjoy working with a team of passionate professionals committed to excellence in all we do.

The schedule is flexible and the benefits are generous, including:

- Mileage reimbursement
- Outcome incentives
- 30 days paid vacation
- Medical, dental, disability, life insurance, and 401k

At least 2 years' demonstrated experience providing social services to families and/or children required, along with:

- Minimum of a Master's of Social Work or equivalent advanced study in a related field
- Conditionally or fully licensed as a Licensed Clinical Social Worker (LCSW), Licensed Clinical Professional Counselor (LCPC), or License Marriage Family Therapist (LMFT) (License eligible individuals are also encouraged to apply)

Apply online at www.ccmaine.org or email hroffice@ccmaine.org or fax 207-523-2789.

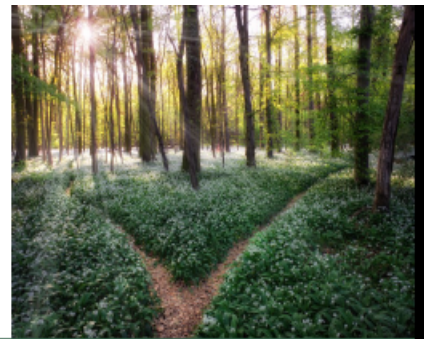
Human Resources Office, Catholic Charities Maine
P.O. Box 10660, Portland, ME 04104

*Catholic Charities Maine is a United Way and EOE/Minorities/
Females/Vet/Disabled Employer.*





TRI-COUNTY *Change*
MENTAL HEALTH SERVICES can make a
 world of difference.



We Offer Hope.

Tri-County Mental Health Services offers hope to the people of Maine by providing trauma-informed, integrated services that promote whole health and wellness. When you work for Tri-County you'll be making a difference in the lives of others. Find out how change can make a world of difference for you!

Integrated Primary Care Clinician

TCMHS partners with Central Maine Health Care to provide behavioral health counseling in primary care offices. IPC Clinicians collaborate with a comprehensive team of professionals, integrate clinical expertise in primary care settings and help build healthy communities.

LCSW required

Locations: Lewiston, Rumford and Bridgton

Program Clinical Supervisor

As a Program Clinical Supervisor for Behavioral Health Homes you will provide clinical supervision to a diverse team of professionals, participate in program development, and promote whole health and wellness through community involvement.

LCSW, LMSW-cc, LCPC, or APRN-CNS with ANCC certification required.

Locations: Bridgton and Rumford.

Outpatient Clinician

As an Outpatient Clinician you will utilize your clinical skills to evaluate, assess, plan and provide holistic, therapeutic mental health services to our consumers.

State of Maine clinical licensure required. Independent licensure and LADC/CADC dual licensure preferred.

Locations: Oxford, Farmington, and Rumford

Additional Opportunities

Clinical Supervisor - Residential

State of Maine clinical licensure required.

Location: Rumford

MST Counselor

Master's Degree in a related field required, clinical licensure preferred.

Location: Lewiston

**For more information visit our website at:
 WWW.TCMHS.ORG/CAREERS**

Equal Opportunity Employer -Tri-County does not discriminate against any employee or applicant for employment because of race, color, religious creed, sex, national origin, ancestry, age, physical or mental disability, or sexual orientation.

NASW-MAINE CHAPTER BRANCHES

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CHAIR: VACANT

BRANCH B - KENNEBEC, KNOX, LINCOLN, SAGADAHOC AND WALDO
CHAIR: APRIL TURNER

BRANCH C - ANDROSCOGGIN, FRANKLIN, OXFORD AND SOMERSET
CHAIR: VACANT

BRANCH D - AROOSTOOK
CHAIR: SARA GENDREAU

BRANCH E - HANCOCK, PENOBSCOT, PISCATAQUIS AND WASHINGTON
CHAIR: VACANT

ATTEND YOUR BRANCH MEETINGS:
NETWORKING OPPORTUNITIES!!!
EARN CES
FREE FOR NASW MEMBERS AND \$25 PER
CREDIT HOUR FOR NON-MEMBERS

**NETWORK WITH
COLLEAGUES IN
YOUR AREA**

